### University Core and Graduation Requirements

#### University Core Requirements:

**Requirements** | **#Classes** | **Hours** | **Classes**
---|---|---|---
**Religion Cornerstones** | | | 
Teachings and Doctrine of The Book of Mormon | 1 | 2.0 | REL A 275
Jesus Christ and the Everlasting Gospel | 1 | 2.0 | REL A 250
Foundations of the Restoration | 1 | 2.0 | REL C 225
The Eternal Family | 1 | 2.0 | REL C 200

**The Individual and Society** | | | 
American Heritage | 1-2 | 3-6.0 | from approved list
Global and Cultural Awareness | 1 | 3.0 | from approved list

**Skills** | | | 
First Year Writing | 1 | 3.0 | from approved list
Advanced Written and Oral Communications | 1 | 3.0 | ENGL 315 or 316 recommended

Quantitative Reasoning | 0-1 | 0-3.0 | from approved list
Languages of Learning (Math or Language) | 1 | 3.0 | STAT 121* recommended

**Arts, Letters, and Sciences** | | | 
Civilization 1 | 1 | 3.0 | from approved list
Civilization 2 | 1 | 3.0 | from approved list
Arts | 1 | 3.0 | from approved list
Letters | 1 | 3.0 | from approved list
Biological Science | 1 | 3.0 | MMBIO 221*
Physical Science | 1-2 | 4-7.0 | CHEM 105* and 1 course from approved list

Social Science | 1 | 3.0 | from approved list

**Core Enrichment: Electives** | | | 
Religion Electives | 3-4 | 6.0 | from approved list
Open Electives | Variable | Variable | personal choice

*THESE COURSES FILL BOTH UNIVERSITY CORE AND PROGRAM REQUIREMENTS

### Graduation Requirements:

**Minimum residence hours required** | 30.0
**Minimum hours needed to graduate** | 120.0

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### Suggested Sequence of Courses

#### FRESHMAN YEAR

**1st Semester**
- 1st Year Writing OR A HTG 100 | 3.0
- Religion Cornerstone course | 2.0
- Global & Cultural Awareness elective | 3.0
- HLTH 210 | 1.0
- Civilization 1 elective | 3.0
- General elective | 3.0

**Total Hours** | 15.0

**2nd Semester**
- 1st Year Writing OR A HTG 100 | 3.0
- HLTH 322 | 3.0
- MMBIO 221 & 222 (Biological Science) | 4.0
- General Elective | 4.0
- Religion Cornerstone course | 2.0

**Total Hours** | 16.0

#### SOPHOMORE YEAR

**3rd Semester**
- HLTH 324* | 3.0
- HLTH 314 | 3.0
- CHEM 105 (Physical Science) | 4.0
- Religion Cornerstone course | 2.0
- General elective | 3.0

**Total Hours** | 15.0

**4th Semester**
- HLTH 312 | 3.0
- HLTH 315 | 3.0
- CHEM 106 & 107 | 4.0
- Religion Cornerstone course | 2.0
- Social Science elective | 3.0

**Total Hours** | 15.0

#### JUNIOR YEAR

**5th Semester**
- HLTH 331* | 3.0
- HLTH 426* | 3.0
- Major elective | 3.0
- STAT 121 (Languages of Learning) | 3.0
- Religion elective | 2.0

**Total Hours** | 14.0

**6th Semester**
- HLTH 316 | 3.0
- Major elective | 3.0
- Adv. Written & Oral Communication | 3.0
- Civilization 2 elective | 3.0
- Religion elective | 2.0

**Total Hours** | 14.0

#### SENIOR YEAR

**7th Semester**
- HLTH 428* | 3.0
- Major elective | 3.0
- General elective | 4.0
- Religion elective | 2.0
- Arts or Letters elective | 3.0

**Total Hours** | 15.0

**8th Semester**
- HLTH 496R | 3.0
- General electives | 7.0
- Arts or Letters elective | 3.0
- HLTH 496R | 3.0

**Total Hours** | 16.0

Please check with departments for current availability of all courses.
*Offered FALL only
**Offered WINTER only

**Note:** Students are encouraged to complete an average of 15 credit hours each semester or 30 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.
### BS in Public Health: Environmental/Occupational Health (662542)
#### 2019-2020 Program Requirements (60 Credit Hours)

<table>
<thead>
<tr>
<th>REQUIREMENT 1</th>
<th>Complete 1 course</th>
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<tbody>
<tr>
<td>HLTH 100 - Foundations of Public Health</td>
<td>3.0</td>
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<tr>
<td>HLTH 210 - Foundations of Public Health</td>
<td>3.0</td>
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<tr>
<td>HLTH 310 - Health, Disease and Their Determinants, Part 1</td>
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<tr>
<td>HLTH 314 - Health, Disease and Their Determinants, Part 2</td>
<td>3.0</td>
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<tr>
<td>CHEM 285 - General College Chemistry 1 with Lab (Integrated)</td>
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<tr>
<td>CHEM 105 - General College Chemistry 1</td>
<td>3.0</td>
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<tr>
<td>CHEM 301 - General College Chemistry 2</td>
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<tr>
<td>HLTH 312 - Environmental Health</td>
<td>3.0</td>
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<tr>
<td>HLTH 316 - Influencing Health through Health Systems and Policy</td>
<td>3.0</td>
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<tr>
<td>HLTH 324 - Occupational Health and Safety</td>
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<tr>
<td>HLTH 426 - Academic Internship: Environmental/Occupational Health</td>
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<tr>
<td>HLTH 496 - Academic Internship: Environmental/Occupational Health</td>
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<tr>
<td>HLTH 492R - Directed Public Health Readings</td>
<td>3.0</td>
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<td>HLTH 491R - Mentored Research</td>
<td>3.0v</td>
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<tr>
<td>HLTH 492R - Directed Public Health Readings</td>
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<tr>
<td>MMBIO 261 - Infection and Immunity</td>
<td>3.0</td>
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<td>MMBIO 418 - Medical Parasitology</td>
<td>2.0</td>
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<tr>
<td>MMBIO 465 - Virology</td>
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<td>NDFS 361 - Food Microbiology</td>
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<tr>
<td>PDBIO 305 - Human Physiology</td>
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<tr>
<td>PDBIO 365 - Pathophysiology</td>
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<tr>
<td>PWS 150 - Environmental Biology</td>
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<tr>
<td>ENGL 315 - Technical Communication</td>
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<tr>
<td>ENGL 316 - Writing in the Social Sciences</td>
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</tbody>
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#### THE DISCIPLINE:

Public health professionals work to create conditions that ensure the health and safety of individuals, families, and communities. Public health students are trained to inform, educate, and empower people about health issues; mobilize communities to take ownership for their own health; monitor health status and diagnose and investigate health problems and health hazards; develop policies and laws to protect health and ensure safety; and link people to needed health services. The public health mission is carried out through organized, interdisciplinary efforts that address the physical, mental, and environmental health concerns of communities and populations at risk for disease and injury.

Four of several disciplines within public health are represented as emphases within the major:
1. The environmental/occupational health emphasis trains students to identify and control factors in the environment (air, water, food, toxins, etc.) or conditions at the workplace which affect health; (2) the epidemiology emphasis prepares students to investigate and discover what causes disease and disability and how diseases are spread or distributed across populations; (3) health promotion emphasis students are prepared to facilitate health behavior change among individuals and improves population health through policy, advocacy, education, and communication; and (4) the health science emphasis educates students on the relationship of public health with primary health care and other sectors, including the natural sciences, relevant to improving health. Health science students go on to pursue advanced degrees in medicine, dentistry, or other allied health areas.

#### CAREER OPPORTUNITIES:

Public health is an exciting field of study and a diverse and dynamic profession. It is filled with rewards associated with the pursuit of serving others. The development and delivery of population-based prevention programs will be the key to major advances in health improvement in the 21st century. Public health will continue to be called upon to monitor and assess health problems, prevent and control diseases and injuries, and protect the health of communities and work sites from various environmental and occupational risks associated with man-made and natural disasters and emergencies.

With the appropriate practice experiences, public health graduates with an emphasis in environmental/occupational health have increased qualifications to work in governmental health agencies on the local and state levels. Private-sector employment can be found in a variety of businesses (manufacturing, construction, workers compensation insurance companies, health and safety consulting), municipalities, healthcare agencies, research institutes, voluntary health agencies, and non-governmental organizations. Jobs at the federal and international levels often require work experience and a graduate degree.

Opportunities for employment in environmental/occupational health are available and several times throughout the year recruiters may come to campus to hire graduates. Graduates must be organized and proactive in their career planning. Students can increase the likelihood of obtaining a position by balancing classroom activities with voluntary or paid internships with public or private organizations. Obtaining certifications (CPR/First Aid/AED, OSHA 30-hour certificate, HAZWOPER Technician, ASP, CSP, CH, QEP, CHMM) and careful development of a professional portfolio enhance employment opportunities.
While there are many specialties or disciplines in public health, most career opportunities are found in the tracks associated with the major. Entry-level salaries with a bachelor’s degree in environmental/occupational health will range from approximately $42,000–$70,000 but will vary significantly depending upon the specific discipline, type of organization, and geographic location. For more information about pay of environmental health scientists visit: https://www.bls.gov/ooh/life-physical-and-social-science/environmental-scientists-and-specialists.htm#tab-5. For more information about pay of occupational health and safety specialists visit: https://www.bls.gov/ooh/healthcare/occupational-health-and-safety-specialists-and-technicians.htm#tab-5.

For more information on careers in your major, please refer to From Major to Career, a publication which is located in all college advisement centers.

MAP DISCLAIMER
While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

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