**BS in Athletic Training (663421) MAP Sheet**

*Life Sciences, Exercise Sciences*

For students entering the degree program during the 2020-2021 curricular year.

This is a program that requires a secondary application process. Apply for acceptance into the athletic training program during semester of enrollment in ExSc 320. See the program director or ExSc 320 instructor for an application packet. Please see Admission Criteria section of this MAP for more information.

This program is being replaced by an Integrated BS in Exercise Science degree with Master of Athletic Training (MAT) degree starting Fall 2020. The BS in Athletic Training is being “taught-out” for all students who have applied through the summer of 2019. All required courses (or equivalent graduate replacements) will be taught. The Fall 2019 cohort will be the last to start the BS in Athletic Training program.

### University Core and Graduation Requirements

#### University Core Requirements:

<table>
<thead>
<tr>
<th>Requirements</th>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Religion Cornerstones</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Teachings and Doctrine of The Book of Mormon</td>
<td>1</td>
<td>2.0</td>
<td>REL A 27S</td>
</tr>
<tr>
<td>Jesus Christ and the Everlasting Gospel</td>
<td>1</td>
<td>2.0</td>
<td>REL A 250</td>
</tr>
<tr>
<td>Foundations of the Restoration</td>
<td>1</td>
<td>2.0</td>
<td>REL C 225</td>
</tr>
<tr>
<td>The Eternal Family</td>
<td>1</td>
<td>2.0</td>
<td>REL C 200</td>
</tr>
</tbody>
</table>

**Skills**

**American Heritage**

1-2 3-6.0 from approved list

**Global and Cultural Awareness**

1 3.0 from approved list

**First Year Writing**

1 3.0 from approved list

**Advanced Written and Oral Communications**

1 3.0 WRTG 316 recommended

**Quantitative Reasoning**

1 3.0 STAT 121 recommended

**Languages of Learning (Math or Language)**

1 3.0 STAT 121 recommended

**Arts, Letters, and Sciences**

**Civilization 1**

1 3.0 from approved list

**Civilization 2**

1 3.0 from approved list

**Arts**

1 3.0 from approved list

**Letters**

1 3.0 from approved list

**Biological Science**

1 3.4-9 NDFS 100 recommended

**Physical Science**

1 3.0 from approved list

**Social Science**

1 3.0 PSYCH 111 recommended

**Core Enrichment: Electives**

**Religion Electives**

3-4 6.0 from approved list

**Open Electives**

Variable Variable personal choice

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**Graduation Requirements:**

| Minimum residence hours required | 30.0 |
| Minimum hours needed to graduate | 120.0 |

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**FRESHMAN YEAR**

**1st Semester**

1st Year Writing or A HTG 100

Quantitative Reasoning (if needed)**

NDFS 100

Religion Cornerstone course

PSYCH 111 (Social Science)

Total Hours

**2nd Semester**

A HTG 100 or 1st Year Writing

STDEV 170 (FW)

PDBIO 220 (FSu)

Global & Cultural Awareness elective

Religion Cornerstone course

Religion Cornerstone course

Total Hours

**Sophomore Year**

**3rd Semester**

MLTH 320 (FSu)

PDBIO 305 (FSu)

PDBIO 220 (FSu) (Lang. of Learning)

Civilization 1 elective

Arts or Letters elective

Total Hours

**JUNIOR YEAR**

**5th Semester**

EXSC 394

EXSC 518 (FW)

EXSC 440 (FWSu)

Global & Cultural Awareness elective

Religion Cornerstone course

Religion Cornerstone course

Total Hours

**6th Semester**

EXSC 395 (FW)

General elective

Total Hours

**Senior Year**

**7th Semester**

EXSC 419 (W)

EXSC 460 (FSu)

EXSC 468 (FWSu)

Religion elective

Civilization 2 elective

Total Hours

**8th Semester**

EXSC 494 (FW)

EXSC 495 (FW)

EXSC 498 (FW)

Religion elective

Civilization 2 elective

Total Hours

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Note: Students are encouraged to complete an average of 15–16 credit hours each semester or 30–32 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.

This program is in a teach-out phrase and will no longer admit students. Students seeking athletic training certification will complete the Master in Athletic Training (MAT) program. The MAT requires either a previously completed bachelor’s degree or enrollment in the BYU Integrated BS Exercise Science major with MAT. BYU students: pursue the Integrated BS Exercise Science prerequisites with MAT prerequisites. Students transferring to BYU: new MAT (will need chemistry, physics, anatomy and physiology courses completed).
### BS in Athletic Training (663421)

#### 2020-2021 Program Requirements (65 Credit Hours)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXSC 495</td>
<td>Capstone Experience in Athletic Training</td>
<td>2.0</td>
</tr>
<tr>
<td>REQUIREMENT 4 Complete 4 courses</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NOTE: THE CLINICAL INTERNSHIP MUST BE COMPLETED OVER A TWO-CALENDAR-YEAR PERIOD. THE ATHLETIC TRAINING CLINICAL EDUCATION COURSES REQUIRE FIELD EXPERIENCE HOURS AS PART OF THE ATHLETIC TRAINING CURRICULUM.</td>
<td></td>
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</tr>
<tr>
<td>EXSC 394</td>
<td>Athletic Training Clinical Education 1</td>
<td>2.0</td>
</tr>
<tr>
<td>EXSC 395</td>
<td>Athletic Training Clinical Education 2</td>
<td>2.0</td>
</tr>
<tr>
<td>EXSC 494</td>
<td>Athletic Training Clinical Education 3</td>
<td>2.0</td>
</tr>
<tr>
<td>EXSC 495</td>
<td>Athletic Training Clinical Education 4</td>
<td>2.0</td>
</tr>
<tr>
<td>RECOMMENDED</td>
<td></td>
<td></td>
</tr>
<tr>
<td>RECOMMENDED COURSES</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HLTH 320</td>
<td>Advanced First Aid and Safety</td>
<td>3.0</td>
</tr>
<tr>
<td>PDBIO 363</td>
<td>Advanced Physiology Laboratory</td>
<td>1.0</td>
</tr>
<tr>
<td>SDEV 170</td>
<td>Introduction to Health Professions</td>
<td>1.0</td>
</tr>
</tbody>
</table>

#### ADMISSION CRITERIA:

Admission to the program requires the candidate to meet the following criteria:

1. Complete PDBio 220, 305 (Prerequisite: Chem 101), ExSc 320, 321. (ExSc 320 and 321 must be completed at BYU.)
2. Complete the athletic training program application, which includes an essay.
3. Have a physical examination and provide an immunization record to verify technical standards.
4. Attest to meeting the technical standards of the athletic training program.
5. Submit one letter of recommendation.
6. Complete 30 hours of directed clinical observation in BYU and affiliated high school athletic training settings and associated objectives.
7. Complete an interview with the athletic training admissions committee.

Students in this program must meet the above criteria and may be limited by the number of affiliated clinical education sites. See selection criteria in the application. The athletic training faculty will determine the clinical assignment of candidates following the interview. Students must graduate from an accredited athletic training program and pass the Board of Certification (BOC) examination to certify as an athletic trainer.

#### THE DISCIPLINE:

The study of athletic training appeals to those who would like to work in a field that combines an athletic setting with health and medical care. A student in athletic training will learn to apply knowledge of human anatomy, exercise physiology, conditioning, nutrition, and therapy in the prevention, diagnosis, immediate care, and rehabilitation of athletic injuries. Students must graduate from an accredited athletic training program and pass the Board of Certification (BOC) examination to certify as an athletic trainer.

#### CAREER OPPORTUNITIES:

Career possibilities include working with athletic teams at all levels of competition, in a sports medicine clinical setting or other allied health care facilities, or in a corporate/industrial setting. Certification (BOC) is required and an advanced degree is recommended.

Certification (BOC) is required and a teaching certificate or advanced degree is recommended for some job positions. Many opportunities are available for graduate studies in the field of athletic training and other related disciplines (i.e., exercise science, health promotion).

Average starting salary for an athletic trainer with a bachelor’s degree ranges from $30,000–$40,000, depending on location and qualifications. Completion of a teaching certificate or advanced degree will increase potential earning power.

For more information on careers in your major, please refer to From Major to Career, a publication which is located in all college advisement centers.
BS in Athletic Training (663421)
2020-2021

MAP DISCLAIMER
While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

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