### University Core Requirements:

#### Religion Cornerstones
- **Teachings and Doctrine of The Book of Mormon**
  - REL A 275
  - 1 class, 2.0 hours
- **Jesus Christ and the Everlasting Gospel**
  - REL A 250
  - 1 class, 2.0 hours
- **Foundations of the Restoration**
  - REL C 225
  - 1 class, 2.0 hours
- **The Eternal Family**
  - REL C 200
  - 1 class, 2.0 hours

#### The Individual and Society
- **American Heritage**
  - 1-2 classes, 3-6.0 hours from approved list
- **Global and Cultural Awareness**
  - 1 class, 3.0 hours
  - ANTHR 101*, SOC 113*, or POLI 472*

#### Skills
- **First Year Writing**
  - 1 class, 3.0 hours
  - WRTG 150* or ELANG 150*
- **Advanced Written and Oral Communications**
  - 1 class, 3.0 hours
  - PSYCH 307*
- **Quantitative Reasoning**
  - 1 class, 3.0 hours
  - PSYCH 308*

#### Languages of Learning (Math or Language)
- **Civilization 1**
  - 1 class, 3.0 hours from approved list
- **Civilization 2**
  - 1 class, 3.0 hours from approved list
- **Arts**
  - 1 class, 3.0 hours from approved list
- **Letters**
  - 1 class, 3.0 hours from approved list
- **Biological Science**
  - 1 class, 3-4.0 hours from approved list
- **Physical Science**
  - 1-2 classes, 3-7.0 hours from approved list
- **Social Science**
  - 1 class, 3.0 hours

#### Core Enrichment: Electives
- **Religion Electives**
  - 3-4 classes, 6.0 hours from approved list
- **Open Electives**
  - Variable hours

### Graduation Requirements:
- **Minimum residence hours required**
  - 30.0 hours
- **Minimum hours needed to graduate**
  - 120.0 hours

---

### Suggested Sequence of Courses

#### FRESHMAN YEAR

<table>
<thead>
<tr>
<th>1st Semester</th>
<th>Hours</th>
</tr>
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<tbody>
<tr>
<td>PSYCH 101 (FW)</td>
<td>1.0</td>
</tr>
<tr>
<td>PSYCH 111 (FWSpSu)</td>
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<tr>
<td>BIO 100 or PHY S 100</td>
<td>3.0</td>
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<tr>
<td>Religion Cornerstone course</td>
<td>2.0</td>
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<tr>
<td>General electives</td>
<td>2.0</td>
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<tr>
<td><strong>Total Hours</strong></td>
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<table>
<thead>
<tr>
<th>2nd Semester</th>
<th>Hours</th>
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<tbody>
<tr>
<td>MATH 110 (prereq for PSYCH 308)</td>
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<tr>
<td>PSYCH 210 (FWSpSu)</td>
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<td>4.0</td>
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<tr>
<td><strong>Total Hours</strong></td>
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#### SOPHOMORE YEAR

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<thead>
<tr>
<th>3rd Semester</th>
<th>Hours</th>
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<tbody>
<tr>
<td>PSYCH 308 (FWSpSu)</td>
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<tr>
<td>BIO 100 or PHY S 100</td>
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<td>2.0</td>
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<tr>
<td>General electives</td>
<td>6.0</td>
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<tr>
<td><strong>Total Hours</strong></td>
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<table>
<thead>
<tr>
<th>4th Semester</th>
<th>Hours</th>
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<tbody>
<tr>
<td>PSYCH 307 (FWSpSu)</td>
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<tr>
<td>PSYCH 410 (FW), 420-430 (FWSpSu)</td>
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<td>General electives</td>
<td>2.0</td>
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#### JUNIOR YEAR

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<tr>
<th>5th Semester</th>
<th>Hours</th>
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<tr>
<td>PSYCH 490 (FWSpSu)</td>
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<tr>
<td>PSYCH 499 (FWSpSu)</td>
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<tr>
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<table>
<thead>
<tr>
<th>6th Semester</th>
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<tr>
<td>PSYCH 500</td>
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<tr>
<td>PSYCH 501</td>
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<tr>
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#### SENIOR YEAR

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<th>7th Semester</th>
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<td>Arts General Education</td>
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<table>
<thead>
<tr>
<th>8th Semester</th>
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<tbody>
<tr>
<td>Arts General Education</td>
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<tr>
<td>General electives</td>
<td>3.0</td>
</tr>
<tr>
<td><strong>Total Hours</strong></td>
<td><strong>15.0</strong></td>
</tr>
</tbody>
</table>

Note: Students are encouraged to complete an average of 15 credit hours each semester or 30 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.
The Psychology Department requires a minimum of 23 hours of psychology major credit to be taken in residence at BYU for this degree program. These hours may also go toward BYU’s 30-hour residency requirement for graduation.

A maximum of 15 hours may be taken as Independent Study (only 8 of which may count as departmental residence hours).

**REQUIREMENT 1**
Complete 5 courses:
- PSYCH 111 - Introduction to Psychological Science 3.0
- PSYCH 210 - A History of Psychology 3.0
- PSYCH 307 - Writing Within Psychology 3.0
- PSYCH 308 - Psychological Statistics 4.0
- PSYCH 310 - Psychological Research Design and Analysis 3.0

Note: All students are encouraged to take Psych 101: Orientation to the Psychology Major. Students considering application to graduate study are strongly encouraged to take Psych 200.

**REQUIREMENT 2**
Complete 1 course from the following:
- ANTHR 201 - Social/Cultural Anthropology 3.0
- PSYCH 305 - Multicultural Psychology 3.0
- SFL 354 - Cross-Cultural Family and Human Development 3.0
- *SOC 113 - Multicultural America 3.0

**REQUIREMENT 3**
Complete 1 course from the following:
- GWS 222 (W&S-Soc) Introduction to Global Women’s Studies 3.0
- POLI 472 - International Political Economy of Women 3.0
- PSYCH 306 - Psychology of Gender 3.0
- SOC 367 - Sociology of Gender 3.0

**REQUIREMENT 4**
Complete 1 course from the following:
- PSYCH 320 - Developmental Psychology: Childhood 3.0
- PSYCH 321 - Developmental Psychology: Adolescence 3.0
- PSYCH 322 - Developmental Psychology: Adulthood 3.0

**REQUIREMENT 5**
Complete 1 course from the following:
- PSYCH 342 - Abnormal Psychology 3.0
- PSYCH 343 - Child Psychopathology 3.0

**REQUIREMENT 6**
Complete 3 courses from the following:
- PSYCH 350 - (Psych Soc) Introduction to Social Psychology 3.0
- PSYCH 375 - Cognition 3.0
- PSYCH 381 - Behavioral Neurobiology 3.0

**REQUIREMENT 7**
Complete 6.0 hours from the following courses:

**COMPLETE 6 CREDIT HOURS OF ELECTIVE COURSES NOT COMPLETED ABOVE.**

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**THE DISCIPLINE:**
The Department of Psychology offers a program designed to (1) increase the understanding of human behavior, (2) develop skills for applying such understanding, and (3) expand the frontiers of knowledge through student-faculty research and other scholarly activity.

**RESEARCH OPPORTUNITIES:**
Contact the Psychology Department for this information.

**HONORARY SOCIETIES AND CLUBS:**
BYU sponsors a chapter of Psi Chi the National Honors Society in psychology and Psychology Association.

**INTERNSHIPS:**
Academic internships are available and encouraged. Academic credit is arranged through Psych 399R and Psych 496R.

**MINORS:**
A minor is not required, but students may select a minor or a combination of courses in other departments depending on their educational and professional objectives. The same courses cannot count for both the psychology major and a minor in another department. For students who will go no farther than a bachelor’s degree, it is recommended that they broaden their employment opportunities by taking courses in areas of their professional interests.

**CAREERS:**
Psychologists engage in a variety of academic roles including teaching, research, and administration. They also provide counseling, clinical, and consulting services to individuals and organizations. They are employed in colleges and in universities; public and private schools; clinics, hospitals, and private practice; business and industry; and government and private agencies. The study of psychology has particular value for family life and other cultural and civic responsibilities. It also complements other specializations concerned with human behavior, including the practice of law.
Most professional positions in psychology require advanced degrees, generally the doctorate, though the bachelor's degree may provide employment in such areas as high school teaching, mental health care, detention and probation services, auxiliary social work, and personnel and human resources. The psychology major is a popular preliminary to graduate study in the professions of business, law, and medicine.

For more information on careers in your major, please contact the University Career Center or the Academic Advisement Center.

**MAP DISCLAIMER**

While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

**DEPARTMENT INFORMATION**

Psychology Department
Brigham Young University
1001 Spencer W. Kimball Tower
Provo, UT 84602
Telephone: 801-422-4287

**ADVISEMENT CENTER INFORMATION**

Liberal Arts Advisement and Careers
Brigham Young University
1041 JFSB
Provo, UT 84602
Telephone: 801-422-3541