# University Core and Graduation Requirements

## University Core Requirements:

### Religion Cornerstones

<table>
<thead>
<tr>
<th>Classes</th>
<th>Hours</th>
<th>Classes</th>
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<tbody>
<tr>
<td>RELA 275</td>
<td>1</td>
<td>2.0</td>
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<tr>
<td>RELA 250</td>
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<tr>
<td>RELC 225</td>
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<tr>
<td>RELC 200</td>
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<td>2.0</td>
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### The Individual and Society

- **American Heritage**: 1-2, 3-6.0 from approved list
- **Global and Cultural Awareness**: 1, 3.0 from approved list

### Skills

- **First Year Writing**: 1, 3.0
- **Advanced Written and Oral Communications**: 1, 3.0
- **Quantitative Reasoning**: 1, 3.0 MATH 110 recommended
- **Languages of Learning (Math or Language)**: 1, 4.0 PSYCH 308

### Arts, Letters, and Sciences

- **Civilization 1**: 1, 3.0 from approved list
- **Civilization 2**: 1, 3.0 from approved list
- **Arts**: 1, 3.0 from approved list
- **Letters**: 1, 3.0 from approved list
- **Biological Science**: 1, 3-4.0 from approved list
- **Physical Science**: 1-2, 3-7.0 from approved list
- **Social Science**: 1, 3.0 PSYCH 111

### Core Enrichment: Electives

- **Religion Electives**: 3-4, 6.0 from approved list
- **Open Electives**: Variable personal choice

## Graduation Requirements:

- **Minimum residence hours required**: 30.0
- **Minimum hours needed to graduate**: 120.0

## Suggested Sequence of Courses

### FRESHMAN YEAR

**1st Semester**

- PSYCH 101 (FW) | 1.0
- PSYCH 111 (FWSpSu) | 3.0
- BIO 100 or PHY S 100 | 3.0
- First-year Writing or American Heritage | 3.0
- Religion Cornerstone course | 2.0
- General electives | 3.0
- **Total Hours**: 15.0

**2nd Semester**

- MATH 110 (prereq for PSYCH 308) | 3.0
- PSYCH 210 (FWSpSu) | 3.0
- First-year Writing or American Heritage | 3.0
- Religion Cornerstone course | 2.0
- General electives | 4.0
- **Total Hours**: 15.0

### SOPHOMORE YEAR

**3rd Semester**

- PSYCH 308 (FWSpSu) | 3.0
- BIO 100 or PHY S 100 | 3.0
- Religion Cornerstone course | 2.0
- General electives | 6.0
- **Total Hours**: 15.0

**4th Semester**

- PSYCH 307 (FWSpSu) | 3.0
- PSYCH multicultural issues course | 3.0
- Religion elective | 2.0
- General electives | 3.0
- **Total Hours**: 15.0

### JUNIOR YEAR

**5th Semester**

- PSYCH 309 (FWSpSu) | 3.0
- PSYCH gender issues course | 3.0
- Civilization 1 | 3.0
- Religion Cornerstone course | 3.0
- General Elective course | 1.0
- **Total Hours**: 15.0

**6th Semester**

- PSYCH core course (2) | 3.0
- PSYCH cluster course (2) | 3.0
- Civilization 2 | 3.0
- Religion elective | 2.0
- General electives | 4.0
- **Total Hours**: 15.0

### SENIOR YEAR

**7th Semester**

- PSYCH capstone 410(FW),420-430(FWSpSu) | 3.0
- PSYCH core course (3) | 3.0
- PSYCH cluster course (3) | 3.0
- Religion elective | 3.0
- General electives | 3.0
- **Total Hours**: 15.0

**8th Semester**

- Arts General Education | 3.0
- General electives | 1.0
- **Total Hours**: 15.0

Your academic advisor can assist you in choosing electives to meet your total hour requirement.

**Note:** Students are encouraged to complete an average of 15 credit hours each semester or 30 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.
At least 36 of the total major credits must be 300-level or above. (Students can enroll in 500-level courses on a space-available basis.)

The Psychology Department requires a minimum of 23 hours of psychology major credit to be taken in residence at BYU for this degree program. These hours may also go toward BYU's 30-hour residency requirement for graduation.

A maximum of 15 hours may be taken as Independent Study (only 8 of which may count as departmental residence hours).

**REQUIREMENT 1** Complete 5 courses
- PSYCH 111 - Introduction to Psychological Science 3.0
- PSYCH 210 - A History of Psychology 3.0
- PSYCH 307 - Writing Within Psychology 3.0
- PSYCH 308 - Psychological Statistics 4.0
- PSYCH 310 - Psychological Research Design and Analysis 3.0

**REQUIREMENT 2** Complete 1 course
- PSYCH 305 - Multicultural Psychology 3.0

**REQUIREMENT 3** Complete 1 course
- PSYCH 306 - Psychology of Gender 3.0

**REQUIREMENT 4** Complete 1 course
- PSYCH 312R - Advanced Methods 3.0

**REQUIREMENT 5** Complete 1 course
- PSYCH 321 - Developmental Psychology: Adolescence 3.0

**REQUIREMENT 6** Complete 3 courses
- PSYCH 322 - Developmental Psychology: Adulthood 3.0
- PSYCH 323 - Child Psychopathology 3.0
- PSYCH 324 - Abnormal Psychology 3.0

**REQUIREMENT 7** Complete 6.0 hours from the following courses
- PSYCH 330 - Organizational Psychology 3.0
- PSYCH 338 - Sport Psychology 3.0
- PSYCH 341 - Personality 3.0
- PSYCH 343 - Child Psychopathology 3.0
- PSYCH 345 - Basic Meditation 3.0
- PSYCH 346 - Behavioral Neurobiology 3.0
- PSYCH 350 - Multicultural Psychology 3.0
- PSYCH 352 - Applied Social Psychology 3.0
- PSYCH 353 - Latter-day Saint Perspectives and Psychology 3.0
- PSYCH 354 - Psychology of Religion 3.0
- PSYCH 356 - Introduction to Health Psychology 3.0
- PSYCH 358 - Leadership Development 3.0
- PSYCH 361 - Principles of Learning 3.0
- PSYCH 365 - Motivation 3.0
- PSYCH 370 - Sensation and Perception 3.0
- PSYCH 371 - The Cognitive Neuroscience of Memory 3.0
- PSYCH 382 - Stress Psychobiology 3.0
- PSYCH 387 - Introduction to Primate Behavior 3.0
- PSYCH 388 - Drugs, Reward and Addiction 3.0
- SOC W 200 - Introduction to Social Work 3.0
- SOC W 331 - Social Welfare Policy 3.0
- SOC W 360 - Social Work Practice with Individuals 3.0

**REQUIREMENT 8** Complete 1 course
- PSYCH 310 IS A PREREQUISITE FOR PSYCH 309 AND PSYCH 312R.
- PSYCH 309 - Psychometrics 3.0
- PSYCH 312R - Advanced Methods 3.0

**REQUIREMENT 9** Complete 3.0 hours from the following option(s)
- PSYCH 312R - Advanced Methods 3.0

**CAPSTONE SEMINARS**

**OPTION 9.1** Complete 3.0 hours from the following course(s)
- PSYCH 410R - Senior Practicum: Teaching of Psychology 3.0
  You may take up to 3 credit hours.
- PSYCH 420R - Senior Practicum: Community Projects 3.0
  You may take up to 3 credit hours.
- PSYCH 430R - Senior Practicum: Research in Psychology 3.0
  You may take up to 3 credit hours.
- PSYCH 496R - Academic Internship, Capstone 3.0
  You may take up to 3 credit hours.

To enroll in capstone seminars, students must have completed Requirements 1 through 6, and Requirement 8. Students must also have senior status at BYU.

**THE DISCIPLINE:**

The Department of Psychology offers a program designed to (1) increase the understanding of human behavior, (2) develop skills for applying such understanding, and (3) expand the frontiers of knowledge through student-faculty research and other scholarly activity.

**RESEARCH OPPORTUNITIES:**

Contact the Psychology Department for this information.

**HONORARY SOCIETIES AND CLUBS:**

BYU sponsors a chapter of Psi Chi the National Honors Society in psychology and Psychology Association.

**INTERNSHIPS:**

Academic internships are available and encouraged. Academic credit is arranged through Psych 399R and Psych 496R.

**MINORS:**

A minor is not required, but students may select a minor or a combination of courses in other departments depending on their educational and professional objectives. The same courses cannot count for both the psychology major and a minor in another department. For students who will go no farther than a bachelor’s degree, it is recommended that they broaden their employment opportunities by taking courses in areas of their professional interests.

**CAREERS:**

Psychologists engage in a variety of academic roles including teaching, research, and administration. They also provide counseling, clinical, and consulting services to individuals and organizations. They are employed in colleges and in universities; public and private schools; clinics, hospitals, and private practice; business and industry; and government and private agencies. The study of psychology has particular value for family life and other cultural and civic responsibilities. It also complements other specializations concerned with human behavior, including the practice of law.
Most professional positions in psychology require advanced degrees, generally the doctorate, though the bachelor's degree may provide employment in such areas as high school teaching, mental health care, detention and probation services, auxiliary social work, and personnel and human resources. The psychology major is a popular preliminary to graduate study in the professions of business, law, and medicine.

For more information on careers in your major, please contact the University Career Center or the Academic Advisement Center.

MAP DISCLAIMER
While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

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