

# Minor in Nutritional Science (284304) MAP Sheet

Life Sciences, Nutrition Dietetics and Food Science

For students entering the degree program during the 2017-2018 curricular year.



University Core and Graduation Requirements	Suggested Sequence of Courses
<b>University Core Requirements:</b>	
<b>Requirements</b>	
<b>Religion Cornerstones</b>	
Teachings and Doctrine of The Book of Mormon	
Jesus Christ and the Everlasting Gospel	
Foundations of the Restoration	
The Eternal Family	
<b>The Individual and Society</b>	
American Heritage	
Global and Cultural Awareness	
<b>Skills</b>	
First Year Writing	
Advanced Written and Oral Communications	
Quantitative Reasoning	
Languages of Learning (Math or Language)	
<b>Arts, Letters, and Sciences</b>	
Civilization 1	
Civilization 2	
Arts	
Letters	
Biological Science	
Physical Science	
Social Science	
<b>Core Enrichment: Electives</b>	
Religion Electives	
Open Electives	
<b>Graduation Requirements:</b>	
Minimum residence hours required	
Minimum hours needed to graduate	

**Minor in Nutritional Science (284304)**  
**2017-2018 Program Requirements (16 Credit Hours)**

Many of these courses have prerequisites. Most students choosing this minor will have completed the prerequisites as part of their major. Other students will need to complete them.

**REQUIREMENT 1** Complete 2 courses

NDFS 100 - Essentials of Human Nutrition	3.0
NDFS 200 - Nutrient Metabolism	3.0

**REQUIREMENT 2** Complete 10.0 hours from the following course(s)

**AFTER CONSULTING WITH A FACULTY ADVISOR,**

NDFS 305 - Nutritional Implications of Disease	4.0
NDFS 310 - Nutrition and Metabolism in Sports and Exercise	2.0
NDFS 400 - Community Nutrition	3.0
NDFS 424 - Nutrition Through the Life Cycle	2.0
NDFS 434 - Nutritional Bio-organic Chemistry	4.0
NDFS 435 - Nutritional Biochemistry and Metabolism	4.0
NDFS 494R - Undergraduate Research in Nutrition, Dietetics, or Food Sc	3.0v

*You may take up to 1 credit hour.*

**MAP DISCLAIMER**

While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

**DEPARTMENT INFORMATION**

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**ADVISEMENT CENTER INFORMATION**

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