

BS in Family Life: Family Studies (734732) MAP Sheet

Family Home and Social Sciences, School of Family Life

For students entering the degree program during the 2017-2018 curricular year.



University Core and Graduation Requirements	Suggested Sequence of Courses	
University Core Requirements:		
Requirements	#Classes	Hours
Religion Cornerstones	Classes	
Teachings and Doctrine of The Book of Mormon	1	2.0
Jesus Christ and the Everlasting Gospel	1	2.0
Foundations of the Restoration	1	2.0
The Eternal Family	1	2.0
The Individual and Society		
American Heritage	1-2	3-6.0
Global and Cultural Awareness	1	3.0
Skills		
First Year Writing	1	3.0
Advanced Written and Oral Communications	1	3.0
Quantitative Reasoning	1	3.0
Languages of Learning (Math or Language)	1	3.0
Arts, Letters, and Sciences		
Civilization 1	1	3.0
Civilization 2	1	3.0
Arts	1	3.0
Letters	1	3.0
Biological Science	1	3-4.0
Physical Science	1	3.0
Social Science	1	3.0
Core Enrichment: Electives		
Religion Electives	3-4	6.0
Open Electives	Variable	Variable
FOR GE AND PROGRAM QUESTIONS CONTACT THE ADVISEMENT CENTER *THESE CLASSES FILL BOTH UNDERGRADUATE CORE AND PROGRAM REQUIREMENTS (6 hours overlap)		
Graduation Requirements:		
Minimum residence hours required		30.0
Minimum hours needed to graduate		120.0
FRESHMAN YEAR <u>1st Semester</u> First-year Writing or American Heritage 3.0 Religion cornerstone course 2.0 Precollege MATH (if needed) 0-3.0 General Education courses, university requirements, and/or general electives 3-9.0 Total Hours 14.0 <u>2nd Semester</u> First-year Writing or American Heritage 3.0 Religion Cornerstone course 2.0 General education courses, and/or general electives 9-12.0 Total Hours 14-17.0 SOPHOMORE YEAR <u>3rd Semester</u> Religion Cornerstone course 2.0 General Education courses, university requirements, and/or general electives 12-15.0 Total Hours 14-17.0 <u>4th Semester</u> Religion elective 2.0 General Education courses, and/or general electives 15.0 Total Hours 17.0		
JUNIOR YEAR <u>5th Semester</u> SFL 101 1.0 SFL 160 3.0 SFL 210 3.0 SFL 290 3.0 STAT 121 3.0 Religion Cornerstone course 2.0 Total Hours 15.0 <u>6th Semester</u> ENGL 315 3.0 SFL 200 3.0 Religion elective 2.0 SFL 336 3.0 Family Studies requirements, and/or electives 6.0 Total Hours 17.0 SENIOR YEAR <u>7th Semester</u> SFL 460 3.0 Family Studies requirements and/or electives 9.0 Religion elective 2.0 General Education courses, university requirements, and/or general electives 0-3.0 Total Hours 14-17.0 <u>8th Semester</u> Family Studies requirements and/or electives 9.0 Religion elective 2.0 General Electives 3.0 Family Studies Capstone: SFL 498 or Internship (SFL 399R) or Research Practicum (SFL 403R) 3.0 Total Hours 17.0		
Your faculty advisor can assist you in choosing electives to meet your total hour requirement.		
Note: All SFL majors are encouraged to take SFL 200 to fulfill their The Eternal Family Religion Cornerstone requirement.		
Note: Students are encouraged to complete an average of 15 credit hours each semester or 30 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.		

BS in Family Life: Family Studies (734732) 2017-2018 Program Requirements (46 Credit Hours)

The School of Family Life requires a minimum of 18 hours of SFL upper-division course work to be taken in residency at BYU for this degree program. These hours may also go toward BYU's 30-hour residency requirement for graduation.

Students who do not plan to pursue a graduate program beyond the bachelor's degree should take other courses that will enhance their employment opportunities. Consult a faculty advisor or your academic advisor for suggested minors, majors, and skills. Students are encouraged to take student development courses related to career planning in their junior or senior year.

REQUIREMENT 1 Complete 6 courses

COMPLETE THE FOLLOWING SCHOOL OF FAMILY LIFE CORE BEFORE TAKING 300- OR 400-LEVEL COURSES:

SFL 101 - Introduction to School of Family Life	1.0
SFL 160 - Introduction to Family Processes	3.0
SFL 200 - The Eternal Family	3.0
*SFL 210 - Human Development	3.0
SFL 290 - Critical Inquiry and Research Methods	3.0
*STAT 121 - Principles of Statistics	3.0

REQUIREMENT 2 Complete 1 course

FAMILY STUDIES UPPER-DIVISION CORE COURSE:

SFL 354 - Cross-Cultural Family and Human Development	3.0
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REQUIREMENT 3 Complete 3 courses

FAMILY SCIENCE CORE COURSES:

SFL 335 - Family Adaptation and Resiliency	3.0
SFL 336 - Theories in Family Perspective	3.0
SFL 460 - Advanced Family Processes	3.0

REQUIREMENT 4 Complete 1 option

COMPLETE ONE OF THE FOLLOWING 2 TRACKS:

OPTION 4.1 Complete 3 groups

FAMILY STUDIES TRACK

GROUP 4.1.1 Complete 9.0 hours from the following course(s)

NOTE: SFL 395R AND 403R MAY ONLY BE TAKEN ONCE EACH.

SFL 260 - Family Finance	3.0
SFL 325 - Forming Marital Relationships	3.0
SFL 334 - Adult Development and Aging in the Family	3.0
SFL 345 - Family Life in World Religions	3.0
SFL 376 - Healthy Sexuality in Marriage	3.0
SFL 382 - Textiles	3.0
SFL 395R - Special Topics in Family Life	3.0v

SFL 400 - Addiction, Recovery, Healing in Marriage and Families	3.0
SFL 401 - Helping Relationships	3.0
SFL 403R - Research/Creative Works Practicum	3.0v
SFL 461 - The Family and the Law	3.0
SFL 465 - Marital and Family Therapy/Enrichment Techniques	3.0

GROUP 4.1.2 Complete 3.0 hours from the following course(s)

NOTE: FOR SFL 399R AND 403R, FAMILY STUDIES-RELATED EXPERIENCES ARE PREFERRED. ONLY 3 CREDIT HOURS OF 399R OR 403R MAY COUNT TOWARD THE 46 CREDIT HOUR GRADUATION REQUIREMENT. FOR EXCEPTIONS FOR CAPSTONE COURSES, CONTACT THE DEPARTMENT.

SFL 399R - Academic Internship	9.0v
<i>You may take up to 3 credit hours.</i>	
SFL 403R - Research/Creative Works Practicum	3.0v
<i>You may take up to 3 credit hours.</i>	
SFL 498 - Family Life Education: Integrating Theory, Research, and	3.0

GROUP 4.1.3 Complete 6.0 hours from the following course(s)

ANY COURSE YOU COMPLETE IN THE SFL MAY ONLY BE COUNTED ONCE. IF YOU HAVE ANY CONFUSION ABOUT WHETHER OR NOT YOU HAVE FULFILLED YOUR SFL MAJOR REQUIREMENTS, IT IS YOUR RESPONSIBILITY TO GO TO THE ADVISEMENT CENTER.

SFL 102 - Introduction to Interiors	3.0
SFL 110 - Food Preparation in the Home	2.0
SFL 185R - Beginning Clothing Construction	3.0
SFL 200 - The Eternal Family	3.0
SFL 202 - Design in the Home	3.0
SFL 215 - Advanced Food Preparation	3.0
SFL 221 - Foundations of Developmentally Appropriate Practices in	1.0
SFL 222 - Practicum in Developmentally Appropriate Practices	3.0
SFL 223 - Preparation for Marriage	3.0
SFL 224 - Marriage Enhancement	3.0
SFL 230 - Housing the Family	3.0
SFL 240 - Parenting and Child Guidance	3.0
SFL 260 - Family Finance	3.0
SFL 261 - Consumerism and the Marketplace for Secondary Teache	3.0
SFL 276R - Exploration of Teaching: Family and Consumer Science	4.0v
SFL 280 - Dynamics of Clothing	2.0
SFL 287 - Intermediate Clothing Construction	3.0
SFL 325 - Forming Marital Relationships	3.0
SFL 328 - History of Interior Design and Architecture 1	3.0
SFL 329 - History of Interior Design and Architecture 2	3.0

SFL 330 - Preprofessional Preparation for Marriage and Family Ther	1.0
SFL 331 - Infant Development in the Family	3.0
SFL 333 - (SFL-Soc 318) Adolescent Development in the Family and	3.0
SFL 334 - Adult Development and Aging in the Family	3.0
SFL 340 - Family Meal Management	2.0
SFL 345 - Family Life in World Religions	3.0
SFL 351 - Social Development	3.0
SFL 352 - Cognitive Development	3.0
SFL 355 - Language Development	3.0
SFL 358 - Media, Family, and Human Development	3.0
SFL 359 - Child Life in Healthcare Settings	3.0
SFL 360 - Advanced Family Finance	3.0
SFL 370 - Work, Family, and Community: Exploring Interconnection	3.0
SFL 376 - Healthy Sexuality in Marriage	3.0
SFL 377 - Teaching Methods and Instruction in Family and Consum	3.0
SFL 378 - Practicum in Secondary Education	1.0
SFL 380 - History of Apparel	3.0
SFL 382 - Textiles	3.0
SFL 387 - Advanced Clothing Studies: Patternmaking	3.0
SFL 393R - Special Projects in Advanced Clothing Construction	3.0v
SFL 395R - Special Topics in Family Life	3.0v
SFL 399R - Academic Internship	9.0v
SFL 400 - Addiction, Recovery, Healing in Marriage and Families	3.0
SFL 401 - Helping Relationships	3.0
SFL 403R - Research/Creative Works Practicum	3.0v
SFL 420 - Administering Programs for Young Children	2.0
SFL 449 - Biological Foundations of Human Development	3.0
SFL 453 - Moral Development	3.0
SFL 461 - The Family and the Law	3.0
SFL 465 - Marital and Family Therapy/Enrichment Techniques	3.0
SFL 471 - Philosophies of Family Work and Relationships	3.0
SFL 472 - Temporal Welfare in Families	3.0
SFL 476 - Secondary Student Teaching - Consumer Science	12.0
SFL 487 - Advanced Clothing Studies: Construction	3.0
SFL 488R - Women's Home-Based Entrepreneurs	1.0
SFL 489 - The Family and Public Policy	3.0
SFL 490 - Advanced Issues in Human Development	3.0
SFL 498 - Family Life Education: Integrating Theory, Research, and	3.0

OPTION 4.2 Complete 3 groups

FAMILY SERVICES TRACK

BS in Family Life: Family Studies (734732) 2017-2018 Program Requirements Cont...

GROUP 4.2.1 Complete 4 courses

SFL 334 - Adult Development and Aging in the Family	3.0
SOC W 200 - Introduction to Social Work	3.0
SOC W 331 - Social Welfare Policy	3.0
SOC W 360 - Social Work Practice with Individuals	3.0

GROUP 4.2.2 Complete 3.0 hours from the following course(s)

PSYCH 306 - Psychology of Gender	3.0
PSYCH 342 - Abnormal Psychology	3.0
SFL 376 - Healthy Sexuality in Marriage	3.0
SFL 400 - Addiction, Recovery, Healing in Marriage and Families	3.0
SFL 401 - Helping Relationships	3.0
SFL 465 - Marital and Family Therapy/Enrichment Techniques	3.0
SOC 322 - Class Inequality	3.0
SOC 323 - Sociology of Race and Ethnicity	3.0
SOC 367 - Sociology of Gender	3.0

GROUP 4.2.3 Complete 3.0 hours from the following course(s)
NOTE: STUDENTS PLANNING TO QUALIFY FOR SOME MASTER OF SOCIAL WORK (MSW) DEGREE PROGRAMS MAY WANT TO CONSIDER AN SFL 399R EXPERIENCE IN A HUMAN SERVICE-RELATED AGENCY. SOME MSW PROGRAMS MAY REQUIRE MORE THAN 3 CREDIT HOURS OF INTERNSHIP, HOWEVER, ONLY 3 CREDIT HOURS OF INTERNSHIP MAY COUNT FOR SFL CREDIT.

SFL 399R - Academic Internship	9.0v
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You may take up to 3 credit hours.

Any course you complete in the SFL may only be counted once. If you have any confusion about whether or not you have fulfilled your SFL major requirements, it is your responsibility to go to the advisement center.

THE DISCIPLINE:

Family studies designates a curriculum for those who wish to become skilled in a discipline of inquiry (theory, research, and practice) regarding all aspects of family life, including the temporal welfare of families, the interactions within a family, and the family's central role in community and culture. Students can study the practical skills required to meet human needs such as feeding, housing, clothing, and financing the family. The family studies major seeks to promote religious and community involvement that maintains and strengthens home and family as the fundamental unit of society. Students will study the theories, contexts, and processes used to understand the dynamics of family interaction within and outside of the home.

This curriculum offers a foundational breadth and depth to understanding the conduct and value of human social science. It also offers the student a specific focus, an identity and expertise, and freedom to create a program that best meets their professional and life goals. Specific goals for students include how to: (1) conduct and evaluate research efforts – reported both in journals and in the press, (b) use interpretive frameworks to offer coherent renditions of the meaning of human experience, (c) evaluate contexts of family interaction, and (d) apply family science knowledge to real-life issues that emerge in practice and daily family life.

CAREERS:

There are many possible careers open to family studies majors. Because of the variety of options, SFL 101 has been created to help students create a course outline that will best fit their goals. The family studies faculty can provide individual consultation as students demand. An internship as a capstone experience is also an excellent opportunity to explore career options.

For more information on careers in your major, please contact the University Career Center or the College of Family, Home, and Social Sciences Academic Advisement Center.

PREPARATION FOR GRADUATE STUDIES:

Students who plan to attend graduate school should take SFL 336 and 460. In addition, SFL 330 will help students explore options for graduate study in marriage and family therapy. Other 300- and 400-level courses that emphasize human development or family studies will prepare students for the marriage, family, and human development graduate program.

RESEARCH OPPORTUNITIES:

Students are encouraged to work with professors on research projects that help them experience the “how to” of being a family scientist. Students may contact faculty individually, seek mentoring grants from the university, register for internships (the capstone course) that help them integrate classroom learning with real-world experience, and create projects of their own. Contact the family studies faculty.

INTERNSHIPS:

Contact Family and Social Services Internship Office in

945 SWKT.

CLUBS:

School of Family Life Student Association (SFLSA)

FINANCING:

Many students work up to 20 hours per week. Some find employment on campus and some junior and senior students obtain teaching or research assistantships. Many of our students obtain summer jobs that make use of their training and interests.

MAP DISCLAIMER

While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

DEPARTMENT INFORMATION

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ADVISEMENT CENTER INFORMATION

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