### University Core and Graduation Requirements

<table>
<thead>
<tr>
<th>Requirements</th>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Religion Cornerstones</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Teachings and Doctrine of The Book of Mormon</td>
<td>1</td>
<td>2.0</td>
<td>REL A 275</td>
</tr>
<tr>
<td>Jesus Christ and the Everlasting Gospel</td>
<td>1</td>
<td>2.0</td>
<td>REL A 250</td>
</tr>
<tr>
<td>Foundations of the Restoration</td>
<td>1</td>
<td>2.0</td>
<td>REL C 225</td>
</tr>
<tr>
<td>The Eternal Family</td>
<td>1</td>
<td>2.0</td>
<td>REL C 200</td>
</tr>
<tr>
<td><strong>The Individual and Society</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>American Heritage</td>
<td>1-2</td>
<td>3-6.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Global and Cultural Awareness</td>
<td>1</td>
<td>3.0</td>
<td>ANTHR 101*, SOC 113*, or POLI 472*</td>
</tr>
<tr>
<td><strong>Skills</strong></td>
<td></td>
<td></td>
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<tr>
<td>First Year Writing</td>
<td>1</td>
<td>3.0</td>
<td>WRTG 150* or ELANG 150*</td>
</tr>
<tr>
<td>Advanced Written and Oral Communications</td>
<td>1</td>
<td>3.0</td>
<td>PSYCH 307*</td>
</tr>
<tr>
<td>Quantitative Reasoning</td>
<td>1</td>
<td>3.0</td>
<td>MATH 110 recommended</td>
</tr>
<tr>
<td>Languages of Learning (Math or Language)</td>
<td>1</td>
<td>4.0</td>
<td>PSYCH 308*</td>
</tr>
<tr>
<td><strong>Arts, Letters, and Sciences</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Civilization 1</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Civilization 2</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Arts</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
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<tr>
<td>Letters</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
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<tr>
<td>Biological Science</td>
<td>1-2</td>
<td>3-7.0</td>
<td>from approved list</td>
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<tr>
<td>Physical Science</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Social Science</td>
<td>1</td>
<td>3.0</td>
<td>PSYCH 111*</td>
</tr>
<tr>
<td><strong>Core Enrichment: Electives</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Religion Electives</td>
<td>3-4</td>
<td>6.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Open Electives</td>
<td>Variable</td>
<td>Variable</td>
<td>personal choice</td>
</tr>
</tbody>
</table>

#### Graduation Requirements:
- Minimum residence hours required: 30.0
- Minimum hours needed to graduate: 120.0

### Suggested Sequence of Courses

#### FRESHMAN YEAR
- 1st Semester
  - PSYCH 101 (FW) 1.0
  - PSYCH 111 (FWSpSu) 3.0
  - BIO 100 or PHYS 100 3.0
- 2nd Semester
  - PSYCH 210 (FWSpSu) 3.0
  - First-year Writing or American Heritage 3.0
  - Religion Cornerstone course 2.0
  - General electives 4.0

#### SOPHOMORE YEAR
- 3rd Semester
  - PSYCH 308 (FWSpSu) 4.0
  - BIO 100 or PHYS 100 3.0
  - PSYCH multicultural issues course 3.0
- 4th Semester
  - PSYCH 307 (FWSpSu) 3.0
  - PSYCH core course (2) 3.0
  - Religion elective 2.0
- 5th Semester
  - PSYCH 309 (FWSpSu) 3.0
  - PSYCH gender issues course 3.0
- 6th Semester
  - PSYCH core course (2) 3.0
  - Civilization 2 3.0

#### JUNIOR YEAR
- 5th Semester
  - PSYCH 308 (FWSpSu) 3.0
  - PSYCH core course (3) 3.0
- 6th Semester
  - PSYCH cluster course (2) 3.0
  - Religion elective 2.0

#### SENIOR YEAR
- 7th Semester
  - Arts General Education 3.0
- 8th Semester
  - General electives 1.0

Note: Students are encouraged to complete an average of 15 credit hours each semester or 30 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.

Your academic advisor can assist you in choosing electives to meet your total hour requirement.
<table>
<thead>
<tr>
<th>Requirement</th>
<th>Course(s)</th>
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<tbody>
<tr>
<td>Note 1</td>
<td>English 315 can substitute for Psych 307.</td>
</tr>
<tr>
<td>Note 2</td>
<td>Psych 308 is prerequisite to both Psych 309 and 310 and may be taken concurrently with 310.</td>
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<tr>
<td>Note 3</td>
<td>Psych 307 may be taken concurrently with 308.</td>
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<tr>
<td>Note 4</td>
<td>Students considering application to graduate study are strongly encouraged to take Psych 200.</td>
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<tr>
<td>Note 5</td>
<td>English 315 can substitute for Psych 307.</td>
</tr>
</tbody>
</table>

**REQUIREMENT 1 Complete 1 course**

**ELANG 150 - First-Year Writing for International Students** 3.0

**WRTG 150 - Writing and Rhetoric** 3.0

**REQUIREMENT 2 Complete 1 option**

**PREREQUISITE COURSES:**

**OPTION 2.1 Complete 3 courses**

*PSYCH 101 - Orientation to the Psychology Major* 1.0

*PSYCH 111 - Introduction to Psychological Science* 3.0

*PSYCH 210 - A History of Psychology* 3.0

**REQUIREMENT 3 Complete 1 course**

**MULTICULTURAL ISSUES COURSES:**

*ANTHR 101 - Social/Cultural Anthropology* 3.0

*EL ED 351 - Not currently offered* 3.0

*SFL 354 - Cross-Cultural Family and Human Development* 3.0

*SOC 113 - Multicultural America* 3.0

**REQUIREMENT 4 Complete 1 option**

**PREREQUISITE COURSES:**

**OPTION 4.1 Complete 4 courses**

*PSYCH 307 - Writing Within Psychology* 3.0

*PSYCH 308 - Psychological Statistics* 4.0

*PSYCH 309 - Psychological Testing* 3.0

*PSYCH 310 - Psychological Research Design and Analysis* 3.0

**Note 1:** Psych 307 may be taken concurrently with Psych 308.

**Note 2:** Psych 308 is prerequisite to both Psych 309 and 310 and may be taken concurrently with 310.

**Note 3:** Psych 309 and 310 may be taken concurrently.

**Note 4:** Students considering application to graduate study are strongly encouraged to take Psych 200.

**Note 5:** English 315 can substitute for Psych 307.
REQUIREMENT 10
Complete 3.0 hours from the following option(s)
CAPSTONE SEMINARS.
CONTINGENT UPON DEPARTMENTAL APPROVAL, STUDENTS MAY TAKE UP TO 8.0 CREDIT HOURS.

OPTION 10.1 Complete 3.0 hours from the following course(s)
PSYCH 410R - Senior Practicum: Teaching of Psychology 3.0v
You may take up to 3 credit hours.
PSYCH 420R - Senior Practicum: Community Projects 3.0v
You may take up to 3 credit hours.
PSYCH 430R - Senior Practicum: Research in Psychology 3.0v
You may take up to 3 credit hours.
PSYCH 496R - Academic Internship, Capstone 9.0v
You may take up to 3 credit hours.

Note 1: To enroll in a capstone seminar students must have completed
Psych 101, 111, 210, 308, 309, and 310 (or be concurrently enrolled in 309 or 310); one core course from Cluster A, B, or C; and three other 300-level psychology courses (or be concurrently enrolled in the third course).

THE DISCIPLINE:
The Department of Psychology offers a program designed to (1) increase the understanding of human behavior, (2) develop skills for applying such understanding, and (3) expand the frontiers of knowledge through student-faculty research and other scholarly activity.

RESEARCH OPPORTUNITIES:
Contact the Psychology Department for this information.

HONORARY SOCIETIES AND CLUBS:
BYU sponsors a chapter of Psi Chi, the National Honors Society in psychology and Psychology Association.

INTERNSHIPS:
Academic internships are available and encouraged. Academic credit is arranged through Psych 399R and Psych 496R.

MINORS:
A minor is not required, but students may select a minor or a combination of courses in other departments depending on their educational and professional objectives. The same courses cannot count for both the psychology major and a minor in another department. For students who will go no farther than a bachelor’s degree, it is recommended that they broaden their employment opportunities by taking courses in areas of their professional interests.

CAREERS:
Psychologists engage in a variety of academic roles including teaching, research, and administration. They also provide counseling, clinical, and consulting services to individuals and organizations. They are employed in colleges and in universities; public and private schools; clinics, hospitals, and private practice; business and industry; and government and private agencies. The study of psychology has particular value for family life and other cultural and civic responsibilities. It also complements other specializations concerned with human behavior, including the practice of law.

Most professional positions in psychology require advanced degrees, generally the doctorate, though the bachelor’s degree may provide employment in such areas as high school teaching, mental health care, detention and probation services, auxiliary social work, and personnel and human resources. The psychology major is a popular preliminary to graduate study in the professions of business, law, and medicine.

For more information on careers in your major, please contact the University Career Center or the College of Family, Home, and Social Sciences Academic Advisement Center.

MAP DISCLAIMER
While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

DEPARTMENT INFORMATION
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Brigham Young University
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