# University Core Requirements:

## Religion Cornerstones
- **Teachings and Doctrine of The Book of Mormon**
  - 1 class, 2.0 hours
  - REL A 275
- **Jesus Christ and the Everlasting Gospel**
  - 1 class, 2.0 hours
  - REL A 250
- **Foundations of the Restoration**
  - 1 class, 2.0 hours
  - REL C 225
- **The Eternal Family**
  - 1 class, 2.0 hours
  - REL C 200

## The Individual and Society
- **American Heritage**
  - 1-2 classes, 3-6.0 hours
  - from approved list
- **Global and Cultural Awareness**
  - 1 class, 3.0 hours
  - GEOG 271

## Skills
- **First Year Writing**
  - 1 class, 3.0 hours
  - WRTG 150
  - recommended
- **Advanced Written and Oral Communications**
  - 1-2 classes, 3.0-6.0 hours
  - POLI 200 + MESA 495
- **Quantitative Reasoning**
  - 1 class, 3.0-4.0 hours
  - from approved list
- **Languages of Learning (Math or Language)**
  - 1 class, 4.0 hours
  - ARAB 202

## Arts, Letters, and Sciences
- **Civilization 1**
  - 1 class, 3.0 hours
  - from approved list
- **Civilization 2**
  - 1 class, 3.0 hours
  - from approved list
- **Arts**
  - 1 class, 3.0 hours
  - from approved list
- **Letters**
  - 1 class, 3.0 hours
  - IHUM 242
  - recommended
- **Biological Science**
  - 1 class, 3.0 hours
  - BIO 100 recommended
- **Physical Science**
  - 1 class, 3.0 hours
  - PHY S 100 recommended
- **Social Science**
  - 1 class, 3.0 hours
  - ECON 110 recommended

## Core Enrichment: Electives
- **Religion Electives**
  - 3-4 classes, 6.0 hours
  - REL A 301, REL C 351 recommended
  - personal choice
- **Open Electives**
  - Variable hours

## Graduation Requirements:
- **Minimum residence hours required**
  - 30.0 hours
- **Minimum hours needed to graduate**
  - 120.0 hours

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# Suggested Sequence of Courses

## FRESHMAN YEAR
### 1st Semester
- First-year Writing or American Heritage
  - 3.0 hours
- MESA 201
  - 3.0 hours
- Civilization 1
  - 3.0 hours
- ARAB 101
  - 4.0 hours
- Religion Cornerstone course
  - 2.0 hours
- Total Hours
  - 15.0 hours

### 2nd Semester
- First-year Writing or American Heritage
  - 3.0 hours
- MESA 250
  - 3.0 hours
- ARAB 102
  - 4.0 hours
- Religion Cornerstone course
  - 2.0 hours
- General electives
  - 3.0 hours
- Religion elective
  - 2.0 hours
- Total Hours
  - 15.0 hours

## SOPHOMORE YEAR
### 3rd Semester
- ARAB 201
  - 4.0 hours
- MESA Track requirements
  - 3.0 hours
- MESA Track requirements
  - 3.0 hours
- Religion Cornerstone course
  - 2.0 hours
- Quantitative Reasoning
  - 3.0 hours
- Total Hours
  - 15.0 hours

### 4th Semester
- ARAB 202
  - 4.0 hours
- MESA Track requirements
  - 3.0 hours
- MESA Track requirements
  - 3.0 hours
- MESA Track requirements
  - 3.0 hours
- Religion Cornerstone course
  - 2.0 hours
- General electives
  - 3.0 hours
- Religion elective
  - 2.0 hours
- Arts or Letters elective
  - 3.0 hours
- GE Social Science
  - 3.0 hours
- Total Hours
  - 15.0 hours

## JUNIOR YEAR
### 5th Semester
- ARAB 300
  - 4.0 hours
- MESA Track requirements
  - 3.0 hours
- MESA Track requirements
  - 3.0 hours
- MESA Track requirements
  - 3.0 hours
- Religion Cornerstone course
  - 2.0 hours
- Total Hours
  - 15.0 hours

### 6th Semester
- MESA Track requirements
  - 3.0 hours
- Biological or Physical Science elective
  - 3.0 hours
- General elective
  - 3.0 hours
- Religion elective
  - 2.0 hours
- Total Hours
  - 15.0 hours

### 7th Semester
- ARAB 302
  - 4.0 hours
- MESA Track requirements
  - 3.0 hours
- MESA Track requirements
  - 3.0 hours
- Religion Cornerstone course
  - 2.0 hours
- General electives
  - 3.0 hours
- Religion elective
  - 2.0 hours
- Arts or Letters elective
  - 3.0 hours
- GE Social Science
  - 3.0 hours
- Total Hours
  - 15.0 hours

### 8th Semester
- MESA Track requirements
  - 3.0 hours
- Biological or Physical Science elective
  - 3.0 hours
- General elective
  - 3.0 hours
- Religion elective
  - 2.0 hours
- Arts or Letters elective
  - 3.0 hours
- GE Social Science
  - 3.0 hours
- Total Hours
  - 15.0 hours

Note: Students are encouraged to complete an average of 15 credit hours each semester or 30 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.
Students should take courses in this approximate sequence: (1) language prerequisites; (2) core major curriculum; (3) track requirements in "History and Humanities" or "Social Sciences"; (4) Arabic study abroad; (5) track electives; and (6) senior seminar.

Note: Students with a second major in Arabic language cannot double count the same upper-division Arabic courses for both the double major and for MESA elective credit.

**REQUIREMENT 1 Complete 2 courses**

COMPLETE THE FOLLOWING LANGUAGE PREREQUISITE COURSES OR EQUIVALENT:

- ARAB 101 - First-Year Arabic 4.0
- ARAB 102 - First-Year Arabic 4.0

**REQUIREMENT 2 Complete 4 courses**

COMPLETE THE FOLLOWING CORE CURRICULUM:

- ARAB 201 - Second-Year Arabic 4.0
- *ARAB 202 - Intermediate Arabic 4.0
- MESA 201 - Introduction to Middle East Studies 3.0
- MESA 250 - Introduction to the Religion of Islam 3.0

**REQUIREMENT 3 Complete 5 courses**

COMPLETE THE FOLLOWING ONE-SEMESTER STUDY ABROAD PROGRAM IN THE ARAB WORLD, WHICH INCLUDES THE FOLLOWING ARABIC LANGUAGE COURSES:

- ARAB 211R - Second-Year Conversation 2.0
- ARAB 300 - Advanced Modern Standard Arabic 4.0
- ARAB 302 - Newspaper Arabic 4.0
- ARAB 311R - Third-Year Conversation 2.0
- ARAB 331 - Spoken Arabic 4.0

**REQUIREMENT 4 Complete 1 course**

COMPLETE A SENIOR SEMINAR IN MIDDLE EASTERN STUDIES. (NOTE: THIS COURSE SHOULD BE TAKEN AFTER RETURNING FROM THE SEMESTER ABROAD. CHOOSE A SENIOR SEMINAR SECTION ON A TOPIC APPROPRIATE TO YOUR TRACK SPECIALIZATION WHEN AVAILABLE.)

- MESA 495 - Senior Seminar in Middle East Studies 3.0

**REQUIREMENT 5 Complete 1 option**

CHOOSE AND COMPLETE ONE OF THE FOLLOWING DISCIPLINARY TRACKS:

**OPTION 5.1 Complete 4 groups**

**HISTORY AND HUMANITIES TRACK:**

- ARAB 424R - Modern Arabic Literature 2.0
- HIST 240 - Middle East History to 1800 3.0

**GROUP 5.1.1 Complete 4 courses**

- HIST 241 - Middle East History from 1800 3.0
- IHUM 242 - Introduction to the Humanities of the Islamic World 3.0

**GROUP 5.1.2 Complete 1 course**

- CMLIT 310 - Introduction to Literary Analysis and Comparative Literatures 3.0
- HIST 200 - The Historian's Craft 3.0
- IHUM 311 - Advanced Writing in Comparative Arts and Humanities 3.0

**GROUP 5.1.3 Complete 1 course**

- ARAB 361 - Introduction to Modern Arabic Literature in Translation 3.0
- ARAB 362 - Introduction to Medieval Arabic Literature in Translation 3.0

**GROUP 5.1.4 Complete 11.0 hours from the following course(s)**

- ANTHR 340 - Peoples of the Middle East 3.0
- ANTHR 379 - Archaeology of Islam 3.0
- ARAB 361 - Introduction to Modern Arabic Literature in Translation 3.0
- ARAB 362 - Introduction to Medieval Arabic Literature in Translation 3.0
- ARAB 377 - Arabic Language Teaching Methods 3.0
- ARAB 411R - Advanced Formal Arabic Conversation and Rhetorica 3.0
- ARAB 422R - Advanced Spoken Arabic 2.0
- ARAB 424R - Modern Arabic Literature 2.0

**GROUP 5.1.5 Complete 1 course**

- You may take this course up to 2 times.
- ARAB 425R - Classical Arabic Texts 2.0

**GROUP 5.1.6 Complete 1 course**

- You may take this course up to 2 times.
- ARAB 495R - Directed Studies in Arabic 3.0
- *GEOG 271 - Middle East 3.0
- HEB 201 - Second-Year Modern Hebrew 1 4.0
- HIST 244 - Jewish History: A.D. 70 to the Present 3.0
- HIST 308 - The Mediterranean 3.0

**GROUP 5.1.7 Complete 3 courses**

- You may take this course up to 2 times.
- HIST 335 - Crusades 3.0
- HIST 390R - Special Topics in History 3.0
- IAS 354R - Model Arab League Preparation 3.0
- IAS 399R - Academic Internship: International 9.0

**GROUP 5.1.8 Complete 2.0 hours from the following course(s)**

- You may take this course up to 2 times.
- IHUM 350 - Interpretation of Literature and the Arts 3.0
- LING 452 - Introduction to Sociolinguistics 3.0
- MESA 350 - Islam in Contemporary Society 3.0
- MESA 399R - Advanced Internship 3.0
- You may take this course up to 3 credit hours.

**GROUP 5.2 Complete 4 groups**

**SOCIAL SCIENCES TRACK:**

**GROUP 5.2.1 Complete 5 courses**

- ECON 110 - Economic Principles and Problems 3.0
- *GEOG 271 - Middle East 3.0
- HIST 241 - Middle East History from 1800 3.0
- POLI 200 - Political Inquiry 4.0
- POLI 357 - Middle East: Political Systems 3.0

**GROUP 5.2.2 Complete 1 course**

- POLI 150 - Comparative Government and Politics 3.0
- POLI 170 - Introduction to International Politics 3.0

**GROUP 5.2.3 Complete 2.0 hours from the following course(s)**

- You may take this course up to 2 credit hours.
- ARAB 424R - Modern Arabic Literature 2.0
- HIST 241 - Middle East History from 1800 3.0
- HIST 240 - Middle East History to 1800 3.0
- IHUM 350 - Interpretation of Literature and the Arts 3.0
- LING 452 - Introduction to Sociolinguistics 3.0
- MESA 350 - Islam in Contemporary Society 3.0
- MESA 399R - Advanced Internship 3.0

**GROUP 5.2.4 Complete 7.0 hours from the following course(s)**

- ANTHR 340 - Peoples of the Middle East 3.0
- ECON 230 - Economic Development and Growth 3.0
- GEOG 341 - Political Geography 3.0
- HEB 201 - Second-Year Modern Hebrew 1 4.0
- HIST 240 - Middle East History to 1800 3.0
- POLI 381 - International Relations of the Middle East 3.0
- POLI 452 - Islam and Politics 3.0
- POLI 474 - Arab-Palestinian-Israeli Conflict 3.0
- TURK 201 - Second-Year Language Study: Turkish 4.0

Note 1: ARAB 361 and 362 can only be taken for elective credit if they are not used to satisfy the core track credit requirement.

Note 2: ARAB 424R and 425R can each be taken up to two times with different content, including in fulfilling the core track requirement.

Note 3: Students can receive no more than 3 total internship credit hours to satisfy this requirement.

Note 4: Relevant MESA 467R courses can be taken for credit with permission.

Note 5: Students with a second major in Arabic Language cannot double count the same upper-division Arabic courses for both the double major and for MESA elective credit.
THE DISCIPLINE:

Middle East Studies examines the Arabic-, Turkish-, and Persian-speaking peoples and countries of the Middle East from a variety of perspectives. The region itself provides the focus, but historians, political scientists, anthropologists, economists, geographers, linguists, art historians, and literary and religious scholars all provide important insights into the area, each from the context of their own discipline.

Undergirding all of these perspectives is linguistic skill in Arabic, through which access to original sources, press analyses, and native speakers is possible. Middle East Studies/Arabic as a whole tries to integrate these insights and to provide analysis and understanding that go beyond any single discipline.

PRACTICAL EXPERIENCE AND INTERNSHIPS:

All students majoring in International and Area Studies programs are encouraged to seek a meaningful experience with a foreign culture as part of their academic program. Credit earned while participating in a university-sponsored Study Abroad program, the Washington Seminar, international internships, or other supervised foreign experiences may be applied toward major requirements. For further information see the director of undergraduate studies or your faculty advisor.

HONORARY SOCIETIES AND CLUBS:

International Student Association, Intercultural Outreach (IAS 353R), Model U.N. (IAS 351R), Model Arab League, Arabic Club, Sigma Iota Rho, and Middle East Studies Arabic Students (MESAS).

CAREER OPPORTUNITIES:

The Middle East Studies/Arabic major aims specifically to prepare students to work as analysts and experts on the Middle East for government agencies, businesses, and other organizations.

Linguistic skill in Arabic, as well as a solid understanding of the history, politics, and culture of the region, is vital to these agencies, many of them desperate for real expertise and language ability.

With its integrated, interdisciplinary focus on a single region and a strong emphasis on acquiring a usable knowledge of Arabic, it is also a good liberal arts major for students planning a career in law, medicine, or business in general—in fact, any field where a broad understanding and finely honed analytical and writing skills are valued.