# University Core and Graduation Requirements

## Religion Cornerstones
- Teachings and Doctrine of The Book of Mormon
  - 1 class
  - 2.0 hours
  - REL A 275
- Jesus Christ and the Everlasting Gospel
  - 1 class
  - 2.0 hours
  - REL A 250
- Foundations of the Restoration
  - 1 class
  - 2.0 hours
  - REL C 225
- The Eternal Family
  - 1 class
  - 2.0 hours
  - REL C 200

## The Individual and Society
- American Heritage
  - 1-2 classes
  - 3-6.0 hours
  - from approved list
- Global and Cultural Awareness
  - 1 class
  - 3.0 hours
  - from approved list

## Skills
- First Year Writing
  - 1 class
  - 3.0 hours
  - from approved list
- Advanced Written and Oral Communications
  - 1 class
  - 3.0 hours
  - from approved list
- Quantitative Reasoning
  - 1 class
  - 3.0-4.0 hours
  - from approved list
- Languages of Learning (Math or Language)
  - Variable
  - 3.0-20.0 hours
  - from approved list

## Arts, Letters, and Sciences
- Civilization 1
  - 1 class
  - 3.0 hours
  - from approved list
- Civilization 2
  - 1 class
  - 3.0 hours
  - from approved list
- Arts
  - 1 class
  - 3.0 hours
  - from approved list
- Letters
  - 1 class
  - 3.0 hours
  - from approved list
- Biological Science
  - 1 class
  - 3-4.0 hours
  - from approved list
- Physical Science
  - 1 class
  - 3.0 hours
  - from approved list
- Social Science
  - 1 class
  - 3.0 hours
  - from approved list

## Core Enrichment: Electives
- Religion Electives
  - 3-4 classes
  - 6.0 hours
  - from approved list
- Open Electives
  - Variable
  - Variable
  - personal choice

## Graduation Requirements:
- Minimum residence hours required: 30.0
- Minimum hours needed to graduate: 120.0
Minor in School Health Education (662531)
2018-2019 Program Requirements (25 Credit Hours)

This minor is designed to prepare students to teach in public schools. A teaching minor may only be received by students graduating with a teaching major. In order to graduate with this minor, students are required to complete Utah State Office of Education licensing requirements. To view these requirements go to http://education.byu.edu/ess/licensing.html or contact Education Student Services, 120 MCKB, (801) 422-3426.

For students accepted into the minor after August 1, 2014, grades below C in any required coursework in a teaching major or teaching minor will not be accepted. Teacher candidates must maintain a total GPA of 3.0 or higher throughout the program and to qualify for student teaching. For details on admission and retention requirements for teaching majors and teaching minors, see Educator Preparation Program (EPP) Requirements in the Undergraduate Catalog.

REQUIREMENT 1 Complete 7 courses
HLTH 310 - (Not currently offered) 3.0
HLTH 381 - School Health Education Methods and Curriculum A 3.0
HLTH 382 - School Health Education Methods and Curriculum B 3.0
HLTH 383 - Mind/Body Health 3.0
HLTH 426 - Sexuality Education in the Curriculum 3.0
HLTH 460 - Substance Abuse and Addictive Behavior 3.0
NDFS 100 - Essentials of Human Nutrition 3.0

REQUIREMENT 2 Complete 1 course
HLTH 477R - Secondary Minor Student Teaching 4.0

Be certified in CPR. Students desiring to take a traditional first aid course including CPR training may enroll in Hlth 320.

MAP DISCLAIMER
While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

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