## University Core and Graduation Requirements

### University Core Requirements:

**Requirements**

<table>
<thead>
<tr>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
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</tbody>
</table>

#### Religion Cornerstones
- Teachings and Doctrine of The Book of Mormon
  - REL A 275
  - 1 class, 2.0 hours
- Jesus Christ and the Everlasting Gospel
  - REL A 250
  - 1 class, 2.0 hours
- Foundations of the Restoration
  - REL C 225
  - 1 class, 2.0 hours
- The Eternal Family
  - REL C 200
  - 1 class, 2.0 hours

#### The Individual and Society
- American Heritage
  - 1-2 classes, 3-6.0 hours, from approved list
- Global and Cultural Awareness
  - PETE 377*
  - 1 class, 3.0 hours

#### Skills
- First Year Writing
  - 1 class, 3.0 hours, from approved list
- Advanced Written and Oral Communications
  - ENGL 315
  - 1 class, recommended

#### Quantitative Reasoning
- 0-1 classes, 0-3.0 hours, STAT 121
- Recommended

#### Languages of Learning (Math or Language)
- 1-4 classes, 3-20.0 hours, STAT 121
- Recommended

#### Arts, Letters, and Sciences
- Civilization 1
  - 1 class, 3.0 hours, from approved list
- Civilization 2
  - 1 class, 3.0 hours, from approved list
- Arts
  - 1 class, 3.0 hours, from approved list
- Letters
  - 1 class, 3.0 hours, from approved list
- Biological Science
  - 1 class, 3.0 hours, STAT 121
- Physical Science
  - 1-2 classes, 3-7.0 hours, from approved list

#### Core Enrichment: Electives
- Religion Electives
  - 3-4 classes, 6.0 hours, from approved list
- Open Electives
  - Variable hours, personal choice

**FOR UNIVERSITY CORE AND PROGRAM QUESTIONS, CONTACT THE EDUCATION ADVISEMENT CENTER, 350 MCKB, 801-422-3426.**

**NOTE:** These classes fill both university core and program requirements.

### Graduation Requirements:

- Minimum residence hours required: 30.0
- Minimum hours needed to graduate: 120.0

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## Suggested Sequence of Courses

### FRESHMAN YEAR

**1st Semester**
- First-year Writing or A HTG 100
  - 3.0 hours
- Religion Cornerstone
  - 2.0 hours
- Precollege MATH (if needed)
  - 3.0 hours
- GE courses, and/or Electives
  - 5.0 hours
- Religion Elective
  - 2.0 hours
- STAC Option
  - 0.5 hours
- Total Hours: 15.5

**2nd Semester**
- First-year Writing or A HTG 100
  - 3.0 hours
- Religion Cornerstone
  - 2.0 hours
- GE courses, and/or Electives
  - 8.0 hours
- Religion Elective
  - 2.0 hours
- STAC 191
  - 0.5 hours
- Total Hours: 15.5

### SOPHOMORE YEAR

**3rd Semester**
- SFL 210 (FWSpSu)
  - 3.0 hours
- Religion Cornerstone
  - 2.0 hours
- GE courses, and/or Electives
  - 8.0 hours
- Religion Elective
  - 2.0 hours
- Total Hours: 15.5

**4th Semester**
- Religion Cornerstone
  - 2.0 hours
- GE courses, and/or Electives
  - 7.0 hours
- NDFS 100
  - 3.0 hours
- EXSC 320
  - 3.0 hours
- EXSC 321
  - 0.5 hours
- Total Hours: 15.5

**5th Semester**
- Religion Cornerstone
  - 2.0 hours
- GE courses, and/or Electives
  - 8.0 hours
- Religion Elective
  - 2.0 hours
- Total Hours: 15.5

**6th Semester**
- Religion Cornerstone
  - 2.0 hours
- GE courses, and/or Electives
  - 8.0 hours
- Religion Elective
  - 2.0 hours
- Total Hours: 15.5

### JUNIOR YEAR

**5th Semester**
- Required classes first semester in PETE
  - PETE 274 (F)
  - 3.0 hours
- IP&T 371
  - 1.0 hours
- PETE 230 (F)
  - 2.0 hours
- PETE 227
  - 1.0 hours
- Suggested classes first semester in PETE
  - PETE 300 (FW)
  - 2.0 hours
- PETE 364 (FW)
  - 2.0 hours
- PETE 430 (FW)
  - 2.0 hours
- PETE 330R
  - 2.0 hours
- Electives
  - 1.0 hours
- Total Hours: 16.0

**6th Semester**
- Required classes second semester in PETE
  - PETE 231 (W)
  - 2.0 hours
- PETE 276R (W)
  - 3.0 hours
- PETE 461 (W)
  - 3.0 hours
- IP&T 372
  - 1.0 hours
- PETE 301 (W)
  - 2.0 hours
- PETE 366 (FW)
  - 2.0 hours
- Electives
  - 2.0 hours
- Total Hours: 15.0

### SENIOR YEAR

**5th Semester**
- Apply for student teaching or internship by September 15 for Winter or January 15 for Fall.

**6th Semester**
- Required classes third semester in PETE
  - PETE 377 (F)
  - 3.0 hours
  - EXDM 123 (F)
  - 2.0 hours
  - IP&T 373
  - 1.0 hours
  - CPSE 402
  - 2.0 hours
  - SC ED 353
  - 3.0 hours
  - PETE 399R (FWSpSu)
  - 1.0 hours
  - SC ED 350 (FWSpSu)
  - 2.0 hours
  - Electives
  - 1.0 hour
- Total Hours: 15.0

**7th Semester**
- Complete the Praxis II test this semester.

**8th Semester**
- PETE 476R (FW) or PETE 496R (F)
  - 12.0 hours
- Total Hours: 12.0

**Note:** Students are encouraged to complete an average of 14-17 credit hours each semester or 32-33 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.
BS in Physical Education Tchg/Coaching (K-12) (663423)
2018-2019 Program Requirements (64.5 - 67.5 Credit Hours)

<table>
<thead>
<tr>
<th>REQUISITE COURSES</th>
<th>credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>NDFS 100 - Essentials of Human Nutrition</td>
<td>3.0</td>
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<tr>
<td>*SFL 210 - Human Development</td>
<td>3.0</td>
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<thead>
<tr>
<th>REQUISITE 2</th>
<th>credits</th>
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<tbody>
<tr>
<td>EXMD 123 - Introduction to Outdoor Recreation Activities</td>
<td>2.0</td>
</tr>
<tr>
<td>EXSC 320 - Basic Athletic Training</td>
<td>3.0</td>
</tr>
<tr>
<td>EXSC 321 - Basic Athletic Training Lab</td>
<td>0.5</td>
</tr>
<tr>
<td>PETE 227 - Fitness for Life</td>
<td>1.0</td>
</tr>
<tr>
<td>PETE 230 - K-12 Physical Activities Content and Skills 1</td>
<td>2.0</td>
</tr>
<tr>
<td>PETE 231 - K-12 Physical Activities Content and Skills 2</td>
<td>2.0</td>
</tr>
<tr>
<td>PETE 300 - Advocacy for Physical Education</td>
<td>2.0</td>
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<tr>
<td>PETE 301 - K-12 Healthy and Active Lifestyle Management</td>
<td>2.0</td>
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<tr>
<td>PETE 330R - Coaching Selected Sports</td>
<td>2.0</td>
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<tr>
<td>PETE 364 - Scientific Bases of Sport: Motor Learning</td>
<td>2.0</td>
</tr>
<tr>
<td>PETE 366 - Exercise Physiology for Physical Educators</td>
<td>2.0</td>
</tr>
<tr>
<td>PETE 399R - Academic Internship: Coaching</td>
<td>4.0v</td>
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You may take this course up to 1 time.

| PETE 430 - Principles of Coaching | 2.0 |
| STAC 191 - Weight Training, Beginning | 0.5 |

<table>
<thead>
<tr>
<th>REQUIREMENT 3</th>
<th>credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>STAC 107 - Pilates</td>
<td>0.5</td>
</tr>
<tr>
<td>STAC 108 - Zumba</td>
<td>0.5</td>
</tr>
<tr>
<td>STAC 109 - Yoga</td>
<td>0.5</td>
</tr>
<tr>
<td>STAC 110 - Indoor Cycling</td>
<td>0.5</td>
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<tr>
<td>STAC 125 - Functional Fitness</td>
<td>0.5</td>
</tr>
<tr>
<td>STAC 141 - Martial Arts</td>
<td>0.5</td>
</tr>
<tr>
<td>STAC 155 - Self-Defense</td>
<td>0.5</td>
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<tr>
<td>STAC 171 - Swimming, Beginning</td>
<td>0.5</td>
</tr>
<tr>
<td>STAC 172 - Swimming, Intermediate</td>
<td>0.5</td>
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<thead>
<tr>
<th>REQUIREMENT 4</th>
<th>credits</th>
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</thead>
<tbody>
<tr>
<td>PETE 41 - Introduction to K-12 Teaching Methods</td>
<td>2.0</td>
</tr>
<tr>
<td>PETE 440 - Introduction to K-12 Physical Education</td>
<td>2.0</td>
</tr>
<tr>
<td>PETE 496R - Academic Internship - Physical Education</td>
<td>2.0</td>
</tr>
<tr>
<td>STAC 107 - Pilates</td>
<td>0.5</td>
</tr>
<tr>
<td>STAC 108 - Zumba</td>
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<td>STAC 155 - Self-Defense</td>
<td>0.5</td>
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<tr>
<td>STAC 171 - Swimming, Beginning</td>
<td>0.5</td>
</tr>
<tr>
<td>STAC 172 - Swimming, Intermediate</td>
<td>0.5</td>
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<thead>
<tr>
<th>PROFESSIONAL EDUCATION COMPONENT:</th>
<th>credits</th>
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<tbody>
<tr>
<td>OPTION 1.1</td>
<td>Complete 10 courses</td>
</tr>
<tr>
<td>CPSE 402 - Educating Students with Disabilities in Secondary Classrooc</td>
<td>2.0</td>
</tr>
<tr>
<td>IP&amp;T 371 - Integrating K-12 Educational Technology 1</td>
<td>1.0</td>
</tr>
<tr>
<td>IP&amp;T 372 - Integrating K-12 Educational Technology 2</td>
<td>1.0</td>
</tr>
<tr>
<td>IP&amp;T 373 - Teaching in K-12 Online and Blended Learning Contexts</td>
<td>1.0</td>
</tr>
<tr>
<td>PETE 274 - Fundamental Skills and Teaching Methods for Elementary</td>
<td>3.0</td>
</tr>
<tr>
<td>PETE 276R - Exploration of Teaching</td>
<td>3.0</td>
</tr>
</tbody>
</table>

You may take this course up to 1 time.

| PETE 377 - Secondary Practicum | 3.0 |
| PETE 461 - Adapted and Multicultural Physical Education for Teaching | 3.0 |
| SC ED 350 - Adolescent Development in an Education Context | 2.0 |
| SC ED 353 - Multicultural Education for Secondary Education | 3.0 |

Note: FBI fingerprinting and background clearance must be completed prior to enrolling in PETE 276R.

<table>
<thead>
<tr>
<th>OPTION 2.1</th>
<th>Complete 12.0 hours from the following course(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>PETE 476R - Student Teaching - Physical Education</td>
<td>12.0</td>
</tr>
<tr>
<td>You may take this course up to 2 times.</td>
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</tbody>
</table>

| PETE 496R - Academic Internship - Physical Education | 12.0 |

Note: PETE 399R must be completed before PETE 476R and PETE 496R.

THE DISCIPLINE
Students preparing to teach physical education and/or coach will have a variety of experiences that will enhance proficiency in the knowledge and skills requisite to work in the contemporary school setting. Majors learn to perform a variety of sport, fitness, and dance activities. After becoming proficient, students take courses and have practical experiences in teaching and coaching children, adolescents, and adults. The discipline is interesting and rewarding, and those in a teaching/coaching career help others pursue and practice healthy lifestyle habits.

CAREERS
A degree in Physical Education Teaching/Coaching leads to a kindergarten through grade 12 (K-12) teaching license. Students in the major are licensed and qualified to teach grades K-12 in public and private schools. Graduates seek teaching and physical education/coaching careers in elementary and secondary educational settings. With an advanced degree, teaching and coaching positions at institutions of higher learning are available. Students desiring to be optimally employable in secondary schools should also complete an approved teaching minor.

ADMISSION TO THE PROGRAM
The Physical Education Teaching/Coaching program accepts all students who meet the admission requirements. Students who are interested in the program should meet with the PETE program coordinator (249-D SFH) and the Education Advisement Center (350 MCKB) in their sophomore year. Apply to the program by February 15 for Fall semester.

ACCURACY OF MAP
This MAP sheet is not a contract between Brigham Young University and present or prospective students. Although the university makes every effort to ensure the accuracy of this information, it reserves the right to make changes as university business may require. Students should regularly consult their department.
or college advisement center.

**PETE PROGRAM COORDINATOR**
Dr. Carol Wilkinson, 249-D SFH
Phone: 801-422-8779

**COACHING INTERNSHIP ADVISOR**
Marie Bone, 249-F SFH
Phone: 801-422-5285

**MAP DISCLAIMER**
While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

**DEPARTMENT INFORMATION**
Department of Teacher Education
201 MCKB
Brigham Young University, Provo, UT 84602
Telephone: 801-422-4077
tedsec@byu.edu

**ADVISEMENT CENTER INFORMATION**
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educationadvisement@byu.edu