This is a limited enrollment program requiring departmental admissions approval. Please see admission requirements.

<table>
<thead>
<tr>
<th>University Core and Graduation Requirements</th>
<th>Suggested Sequence of Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>University Core Requirements:</strong></td>
<td><strong>FRESHMAN YEAR</strong></td>
</tr>
<tr>
<td><strong>Requirements</strong></td>
<td>1st Semester</td>
</tr>
<tr>
<td><strong>Religion Cornerstones</strong></td>
<td>First-year Writing or American Heritage 3.0</td>
</tr>
<tr>
<td>Teachings and Doctrine of The Book of Mormon</td>
<td>CHEM 101*** or equivalent general chemistry course from high school or junior college 3.0</td>
</tr>
<tr>
<td>Jesus Christ and the Everlasting Gospel</td>
<td>NDFS 100*** 3.0</td>
</tr>
<tr>
<td>Foundations of the Restoration</td>
<td>Quantitative Reasoning elective (if needed) 3.0</td>
</tr>
<tr>
<td>The Eternal Family</td>
<td>Religion Cornerstone course 2.0</td>
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<tr>
<td>The Individual and Society</td>
<td>General Electives 2.0</td>
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<tr>
<td>American Heritage</td>
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<tr>
<td>Global and Cultural Awareness</td>
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</tr>
<tr>
<td>1-2 3-6.0 from approved list</td>
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<tr>
<td><strong>Skills</strong></td>
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<tr>
<td>First Year Writing</td>
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</tr>
<tr>
<td>1 3.0 from approved list</td>
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<tr>
<td>Advanced Written and Oral Communications</td>
<td></td>
</tr>
<tr>
<td>1 3.0 ENGL 316 Recommended</td>
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<tr>
<td>Quantitative Reasoning</td>
<td></td>
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<tr>
<td>1 3-4.0 from approved list</td>
<td></td>
</tr>
<tr>
<td>Languages of Learning (Math or Language)</td>
<td></td>
</tr>
<tr>
<td>1 3.0 STAT 121**</td>
<td></td>
</tr>
<tr>
<td><strong>Arts, Letters, and Sciences</strong></td>
<td></td>
</tr>
<tr>
<td>Civilization 1</td>
<td></td>
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<tr>
<td>1 3.0 from approved list</td>
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<tr>
<td>Civilization 2</td>
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<td>1 3.0 from approved list</td>
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<tr>
<td>Arts</td>
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<td>1 3.0 from approved list</td>
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<tr>
<td>Letters</td>
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<td>1 3.0 from approved list</td>
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<tr>
<td>Biological Science</td>
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<tr>
<td>1 3.0 NDFS 100***</td>
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<tr>
<td>Physical Science</td>
<td></td>
</tr>
<tr>
<td>1 3.0 from approved list</td>
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<tr>
<td>Social Science</td>
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</tr>
<tr>
<td>1 3.0 PSYCH 111* or ANTHR 101*</td>
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<tr>
<td><strong>Core Enrichment: Electives</strong></td>
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<tr>
<td>Religion Electives</td>
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<tr>
<td>3-4 6.0 from approved list</td>
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<tr>
<td>Open Electives</td>
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<tr>
<td>Variable Variable</td>
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<tr>
<td>personal choice</td>
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<tr>
<td><strong>FOR UNIVERSITY CORE QUESTIONS CONTACT THE ADVISEMENT CENTER — FOR PROGRAM QUESTIONS SEE YOUR FACULTY ADVISOR</strong></td>
<td><strong>JUNIOR YEAR</strong></td>
</tr>
<tr>
<td>*These classes fill both University Core and Program Requirements (12 hours overlap). +These classes are prerequisite courses required to be completed before starting the professional sequence of the program.</td>
<td>5th Semester</td>
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<tr>
<td><strong>Graduation Requirements:</strong></td>
<td>ENGL 316 or NDFS 375 3.0</td>
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<tr>
<td>Minimum residence hours required</td>
<td>NDFS 300 4.0</td>
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<td>Minimum hours needed to graduate</td>
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<td>120.0</td>
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<td><strong>SOPHOMORE YEAR</strong></td>
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<td><strong>3rd Semester</strong></td>
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<tr>
<td>NDFS 200***</td>
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<td>NDFS 290***</td>
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<tr>
<td>MMBIO 221+</td>
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<td>MMBIO 222+ (CHEM 107 may be substituted)</td>
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<td>STAT 121**</td>
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<td>Religion Cornerstone course</td>
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<tr>
<td>Global &amp; Cultural Awareness SOC 113* or ANTHR 101* 3.0</td>
<td><strong>Total Hours</strong> 16.0</td>
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<td><strong>Total Hours</strong></td>
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<td><strong>4th Semester</strong></td>
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<td>Civilization I</td>
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<td>NDFS 250***</td>
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<td>PDBIO 305+</td>
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<td>Physical Science elective</td>
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<td><strong>Total Hours</strong></td>
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<td><strong>5th Semester</strong></td>
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<td>NDFS 400</td>
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<td>NDFS 405 (1st or 2nd term)</td>
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<td>NDFS 491</td>
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<td><strong>Total Hours</strong></td>
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<td>13.5</td>
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<td><strong>6th Semester</strong></td>
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<td>NDFS 434</td>
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<td>NDFS 466</td>
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<td>NDFS 475</td>
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<td>NDFS 490</td>
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<tr>
<td>Arts or Letters elective</td>
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<td>Religion elective</td>
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<td><strong>7th Semester</strong></td>
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<td>NDFS 424</td>
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<td>NDFS 445</td>
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<td>NDFS 485</td>
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<td>Religion elective</td>
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<tr>
<td><strong>Total Hours</strong></td>
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<tr>
<td><strong>SUGGESTED SEQUENCE OF COURSES</strong></td>
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</tr>
<tr>
<td>Students may wish to take classes in Spring and/or Summer Terms to lighten credit hour loads. All NDFS classes in the professional sequence must be taken in the semester shown.**</td>
<td><strong>Suggested Sequence of Courses:</strong>*</td>
</tr>
<tr>
<td><em>These classes fill both University Core and Program Requirements</em></td>
<td><strong>Suggested Sequence of Courses:</strong>*</td>
</tr>
<tr>
<td>+These classes are prerequisite courses required to be completed before starting the professional sequence of the program.</td>
<td></td>
</tr>
</tbody>
</table>

**Please apply to an accredited dietetic internship and/or take the national examination for Nutrition and Dietetics Technician, Registered.**

**For students entering the degree program during the 2019-2020 curricular year.**

**Dietetics is the study and application of principles of nutrition, food science, and food service management in a variety of health care, institutional, and business settings. Completion of the dietetics program meets eligibility requirements to apply to an accredited dietetic internship and/or take the national examination for Nutrition and Dietetics Technician, Registered.**

**This is a limited enrollment program requiring departmental admissions approval. Please see admission requirements.**
DEPARTMENT ADMISSION REQUIREMENTS:

Students must apply by February 15th for admission into the professional sequence in the fall. Four of the prerequisite courses in Requirement 1 (option 1.1 and 1.2) must be completed at time of application. Requirement 1 (option 1.1 and 1.2) must be completed at time of entrance into the professional sequence in the fall.

Enrollment is limited to 40 students per year.

Major GPA, dietetics-related experience, and letters of recommendation will be considered.

Successful applicants typically have a major and cumulative GPA greater than 3.0 and nutrition, dietetics, and food science grades greater than B-. Applicants need at least 300 hours of dietetics-related work and/or volunteer experience.

REQUIREMENT 3 Complete 16 courses

REPORTED SEQUENCE COURSES (AFTER BEING ADMITTED INTO THE PROGRAM):

- NDFS 300 - Medical Nutrition Therapy 1
- NDFS 356 - Medical Nutrition Therapy 2
- NDFS 374 - Food Production Management
- NDFS 375 - Food Production Management Laboratory
- NDFS 400 - Community Nutrition
- NDFS 405 - Nutrition Assessment Lab
- NDFS 424 - Nutrition Through the Life Cycle
- NDFS 434 - Nutritional Bio-organic Chemistry
- NDFS 440 - Nutrition Education and Counseling
- NDFS 445 - Foodservice Systems
- NDFS 455 - Financial Management in Dietetics
- NDFS 458 - Management in Dietetics
- NDFS 466 - Advanced Dietetics Practice
- NDFS 475 - Research Methods in Dietetics
- NDFS 490 - Professionalism in Nutrition and Dietetics
- NDFS 491 - Internship Preparation

REQUIREMENT 4 Complete 1 course

- ACC 200 - Principles of Accounting
- MKTG 201 - Marketing Management
- MSB 250 - Financial Management
- NDFS 237 - Introduction to Culinary Arts
- NDFS 310 - Nutrition and Metabolism in Sports and Exercise
- NDFS 380 - International Nutrition
- PDBIO 120 - Science of Biology
- PDBIO 365 - Pathophysiology
- STDEV 150 - Public Speaking

REQUIREMENT 5 Complete 1 course

- ANTHR 101 - Social/Cultural Anthropology
- PSYCH 111 - Introduction to Psychological Science
- SOC 113 - Multicultural America

Recommended Minors: The following minors are very complementary to a dietetics major, but any area of interest could be considered: Business, Gerontology (see School of Family Life), International Development, Spanish.
budget guidelines.

MAP DISCLAIMER
While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

DEPARTMENT INFORMATION
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Telephone: (801) 422-3912
FAX: (801) 422-0258
E-Mail: sarah_bellini@byu.edu (dietetics)
lynette_johnson@byu.edu (pre-dietetics)

ADVISEMENT CENTER INFORMATION
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