University Core and Graduation Requirements

### University Core Requirements:

<table>
<thead>
<tr>
<th>Requirements</th>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Religion Cornerstones</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Teachings and Doctrine of The Book of Mormon</td>
<td>1</td>
<td>2.0</td>
<td>REL A 275</td>
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<tr>
<td>Jesus Christ and the Everlasting Gospel</td>
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<td>REL A 250</td>
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<tr>
<td>Foundations of the Restoration</td>
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<td>REL C 225</td>
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<tr>
<td>The Eternal Family</td>
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<td>2.0</td>
<td>REL C 200</td>
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<tr>
<td><strong>The Individual and Society</strong></td>
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<tr>
<td>American Heritage</td>
<td>1-2</td>
<td>3-6.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Global and Cultural Awareness</td>
<td>1</td>
<td>3.0</td>
<td>PETE 377*</td>
</tr>
<tr>
<td><strong>Skills</strong></td>
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</tr>
<tr>
<td>First-Year Writing</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
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<tr>
<td>Advanced Written and Oral Communications</td>
<td>1</td>
<td>3.0</td>
<td>WRTG 315</td>
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<tr>
<td><strong>Quantitative Reasoning</strong></td>
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<td>0-3.0</td>
<td>STAT 121</td>
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<tr>
<td>Recommended</td>
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<tr>
<td><strong>Languages of Learning (Math or Language)</strong></td>
<td>1-4</td>
<td>3-20.0</td>
<td>STAT 121</td>
</tr>
<tr>
<td>Recommended</td>
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<tr>
<td><strong>Arts, Letters, and Sciences</strong></td>
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<tr>
<td>Civilisation 1</td>
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<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Civilisation 2</td>
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<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Arts</td>
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<td>3.0</td>
<td>from approved list</td>
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<tr>
<td>Letters</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
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<tr>
<td>Biological Science</td>
<td>1</td>
<td>3.0</td>
<td>PETE 377*</td>
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<tr>
<td>Physical Science</td>
<td>1-2</td>
<td>3-7.0</td>
<td>from approved list</td>
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<tr>
<td><strong>Core Enrichment: Electives</strong></td>
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<tr>
<td>Religion Electives</td>
<td>3-4</td>
<td>6.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Open Electives</td>
<td>Variable</td>
<td>Variable</td>
<td>Personal choice</td>
</tr>
</tbody>
</table>

### Graduation Requirements:

- Minimum residence hours required: 30.0
- Minimum hours needed to graduate: 120.0

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### Suggested Sequence of Courses

#### FRESHMAN YEAR

- **1st Semester:**
  - First-year Writing or A HTG 100 3.0
  - Religion Cornerstone 2.0
  - Precollege MATH (if needed) 3.0
  - GE courses, and/or Electives 5.0
  - Religion Elective 2.0
  - Total Hours 15.5

- **2nd Semester:**
  - First-year Writing or A HTG 100 3.0
  - Religion Cornerstone 2.0
  - GE courses, and/or Electives 8.0
  - Religion Elective 2.0
  - Total Hours 15.5

#### SOPHOMORE YEAR

- **3rd Semester:**
  - First-year Writing or A HTG 100 3.0
  - Religion Cornerstone 2.0
  - GE courses, and/or Electives 8.5
  - Religion Elective 2.0
  - SWELL Option 0.5
  - Total Hours 15.5

- **4th Semester:**
  - First-year Writing or A HTG 100 3.0
  - Religion Cornerstone 2.0
  - GE courses, and/or Electives 9.5
  - NDFS 100 3.0
  - PETE 227 1.0
  - Total Hours 15.5

- **5th Semester:**
  - Religion Cornerstone 2.0
  - GE courses, and/or Electives 9.5
  - NDFS 100 3.0
  - PETE 227 1.0
  - Total Hours 15.5

- **6th Semester:**
  - Religion Cornerstone 2.0
  - GE courses, and/or Electives 9.5
  - NDFS 100 3.0
  - PETE 227 1.0
  - Total Hours 15.5

#### JUNIOR YEAR

- **5th Semester:**
  - Religion Cornerstone 2.0
  - GE courses, and/or Electives 9.5
  - NDFS 100 3.0
  - PETE 227 1.0
  - Total Hours 15.5

- **6th Semester:**
  - Religion Cornerstone 2.0
  - GE courses, and/or Electives 9.5
  - NDFS 100 3.0
  - PETE 227 1.0
  - Total Hours 15.5

#### SENIOR YEAR

- **5th Semester:**
  - Religion Cornerstone 2.0
  - GE courses, and/or Electives 9.5
  - NDFS 100 3.0
  - PETE 227 1.0
  - Total Hours 15.5

- **6th Semester:**
  - Religion Cornerstone 2.0
  - GE courses, and/or Electives 9.5
  - NDFS 100 3.0
  - PETE 227 1.0
  - Total Hours 15.5

#### Note:

- Students are encouraged to complete an average of 14–17 credit hours each semester or 32–33 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.
**BS in Physical Education Tchg/Coaching (K-12) (663423)**

**2020-2021 Program Requirements (63 - 66 Credit Hours)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit Hours</th>
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<tbody>
<tr>
<td>PETE 227</td>
<td>Fitness for Life</td>
<td>1.0</td>
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<tr>
<td>SFL 210</td>
<td>Human Development</td>
<td>3.0</td>
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<tr>
<td>EXDM 123</td>
<td>Introduction to Outdoor Recreation Activities</td>
<td>2.0</td>
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<tr>
<td>PETE 230</td>
<td>K-12 Physical Activities Content and Skills 1</td>
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<tr>
<td>PETE 231</td>
<td>K-12 Physical Activities Content and Skills 2</td>
<td>3.0</td>
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<tr>
<td>PETE 300</td>
<td>Advocacy for Physical Education</td>
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<tr>
<td>PETE 301</td>
<td>K-12 Healthy and Active Lifestyle Management</td>
<td>2.0</td>
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<tr>
<td>PETE 330R</td>
<td>Coaching Selected Sports</td>
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<tr>
<td>PETE 364</td>
<td>Scientific Bases of Sport: Motor Learning</td>
<td>2.0</td>
</tr>
<tr>
<td>PETE 366</td>
<td>Exercise Physiology for Physical Educators</td>
<td>2.0</td>
</tr>
<tr>
<td>PETE 399R</td>
<td>Academic Internship: Coaching</td>
<td>4.0v</td>
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<tr>
<td>SFL 210</td>
<td>Pilates</td>
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<tr>
<td>SFL 218</td>
<td>Zumba</td>
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<tr>
<td>SFL 209</td>
<td>Yoga</td>
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<tr>
<td>SWELL 110</td>
<td>Indoor Cycling</td>
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<tr>
<td>SWELL 141</td>
<td>Martial Arts</td>
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<td>SWELL 155</td>
<td>Self-Defense</td>
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<tr>
<td>SWELL 171</td>
<td>Swimming, Beginning</td>
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<tr>
<td>SWELL 172</td>
<td>Swimming, Intermediate</td>
<td>0.5</td>
</tr>
<tr>
<td>SWELL 180</td>
<td>Swimming, Intermediate</td>
<td>0.5</td>
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</tbody>
</table>

**PROFESSIONAL EDUCATION COMPONENT:**

**OPTION 4.1 Complete 10 courses**

- CPSE 402 - Educating Students with Disabilities in Secondary Classroom
- IP&T 371 - Integrating K-12 Educational Technology 1
- IP&T 372 - Integrating K-12 Educational Technology 2
- IP&T 373 - Teaching in K-12 Online and Blended Learning Contexts 1
- PETE 274 - Fundamental Skills and Teaching Methods for Elementary 1
- PETE 276R - Exploration of Teaching 3.0
- *PETE 377 - Secondary Practicum 3.0
- PETE 461 - Adapted and Multicultural Physical Education for Teaching 3.0
- SC ED 330 - Adolescent Development in an Education Context 2.0
- SC ED 353 - Multicultural Education for Secondary Education 3.0

**OPTION 4.2 Complete 12.0 hours from the following course(s)**

**NOTE: PRIOR APPLICATION IS REQUIRED.**

- PETE 476R - Student Teaching - Physical Education 12.0
- PETE 496R - Academic Internship - Physical Education 12.0
- PETE 399R must be completed before PETE 476R and PETE 496R.

**NOTE:** It is the student’s responsibility to be sure that the Praxis test has been passed and that BYU has received the test scores and that fingerprint background clearance is current and that state licensing fees have been paid prior to graduation. Students will also be responsible for any additional requirements imposed by the state prior to their graduation. To confirm the status of these requirements, contact the Education Advisement Center, 350 MCKB, 801-422-3426.

**THE DISCIPLINE**

Students preparing to teach physical education and/or coach will have a variety of experiences that will enhance proficiency in the knowledge and skills requisite to work in the contemporary school setting. Majors learn to perform a variety of sport, fitness, and dance activities. After becoming proficient, students take courses and have practical experiences in teaching and coaching children, adolescents, and adults. The discipline is interesting and rewarding, and those in a teaching/coaching career help others pursue and practice healthy lifestyle habits.

**CAREER OPPORTUNITIES**

A degree in Physical Education Teaching/Coaching leads to a kindergarten through grade 12 teaching license which qualifies graduates to teach these grades in public and private schools in Utah. Teaching job opportunities are available in many states through reciprocal agreements based upon national accreditation. Graduates are also qualified to coach in secondary educational settings. Students desiring to be optimally employable in secondary schools should also complete an approved teaching minor. Physical Education/Coaching graduates have other career options such as being a: coach outside the school setting, personal trainer, athletic director, camp administrator, or teacher in a recreation center. Graduates are well-positioned to pursue advanced degrees in order to facilitate professional development at the district and state administration levels or to qualify to teach or coach in higher education.

**ADMISSION TO THE PROGRAM**

The Physical Education Teaching/Coaching program accepts all students who meet the admission requirements. Students who are interested in the program should meet with the PETE program coordinator (249-D SFH) and the Education Advisement Center (350 MCKB) in their sophomore year. Apply to the program by February 15 for Fall semester.

**ACCURACY OF MAP**

This MAP sheet is not a contract between Brigham Young University and present or prospective students. Although the university makes every effort to ensure the accuracy of this information, it reserves the right to make changes as university business may require. Students should regularly consult their department or college advisement center.
BS in Physical Education Tchg/Coaching (K-12) (663423)
2020-2021

PETE PROGRAM COORDINATOR
Dr. Carol Wilkinson, 249-D SFH
Phone: 801-422-8779

COACHING INTERNSHIP ADVISOR
Tara Hall, 249-F SFH
Phone: 801-422-5285
Email: tara.hall@nebo.edu

MAP DISCLAIMER
While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

DEPARTMENT INFORMATION
Department of Teacher Education
201 MCKB
Brigham Young University, Provo, UT 84602
Telephone: 801-422-4077
tedsec@byu.edu

ADVICEMENT CENTER INFORMATION
David O. McKay School of Education
Education Advisement Center
350 MCKB Brigham Young University, Provo, UT 84602
Telephone: 801-422-3426
educationadvisement@byu.edu