### University Core and Graduation Requirements

<table>
<thead>
<tr>
<th>Requirements</th>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
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<tbody>
<tr>
<td><strong>Religion Cornerstones</strong></td>
<td></td>
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<tr>
<td>Teachings and Doctrine of The Book of Mormon</td>
<td>1</td>
<td>2.0</td>
<td>REL A 275</td>
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<tr>
<td>Jesus Christ and the Everlasting Gospel</td>
<td>1</td>
<td>2.0</td>
<td>REL A 250</td>
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<tr>
<td>Foundations of the Restoration</td>
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<td>REL C 225</td>
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<tr>
<td>The Eternal Family</td>
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<td>REL C 200 or SFL 200</td>
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<tr>
<td><strong>The Individual and Society</strong></td>
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<tr>
<td>American Heritage</td>
<td>1-2</td>
<td>3-6.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Global and Cultural Awareness</td>
<td>1</td>
<td>3.0</td>
<td>SC ED 353*</td>
</tr>
<tr>
<td><strong>Skills</strong></td>
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<tr>
<td>First Year Writing</td>
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<td>3.0</td>
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<tr>
<td>Advanced Written and Oral Communications</td>
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<td>3.0</td>
<td>from approved list</td>
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<tr>
<td>Quantitative Reasoning</td>
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<td>3.0</td>
<td>SFL 260*</td>
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<tr>
<td>Languages of Learning (Math or Language)</td>
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<tr>
<td><strong>Arts, Letters, and Sciences</strong></td>
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<tr>
<td>Civilization 1</td>
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<td>Civilization 2</td>
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<tr>
<td>Letters</td>
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<td>Biological Science</td>
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<td>NDFS 100*</td>
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<td>Physical Science</td>
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<tr>
<td>Social Science</td>
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<td>SFL 210*</td>
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<td><strong>Core Enrichment: Electives</strong></td>
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<tr>
<td>Religion Electives</td>
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<tr>
<td>Open Electives</td>
<td>Variable</td>
<td>Variable</td>
<td>personal choice</td>
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</table>

FOR UNIVERSITY CORE AND PROGRAM QUESTIONS CONTACT THE ADVISEMENT CENTER
* THESE CLASSES FILL BOTH UNIVERSITY CORE AND PROGRAM REQUIREMENTS (15 hours overlap)

### Graduation Requirements:

- Minimum residence hours required: 30.0
- Minimum hours needed to graduate: 120.0

### Suggested Sequence of Courses

#### FRESHMAN YEAR

1st Semester:
- First Year Writing or American Heritage: 3.0
- SFL 160 (GE Social Science) or SFL 223: 3.0
- SFL 188R (if needed): 0.0
- SFL 102 (GE Arts): 3.0
- Religion Cornerstone course: 2.0
- General Education courses, and/or general electives: 3.0

Total Hours: 14.0-17.0

2nd Semester:
- First-year Writing or American Heritage: 3.0
- NDFS 100 (GE Biological Science): 3.0
- SFL 276R*: 3.0
- Religion Cornerstone course: 2.0
- General Education courses, and/or general electives: 3.0

Total Hours: 14.0

#### SOPHOMORE YEAR

1st Semester:
- SFL 210 (GE Social Science): 3.0
- SFL 287: 3.0
- SFL 240: 3.0
- SC ED 353 (GE Global & Cultural Awareness): 3.0
- Religion Cornerstone course: 2.0
- General Education courses, and/or general electives: 3.0

Total Hours: 15.0

2nd Semester:
- SFL 260 (GE Quantitative Reasoning): 3.0
- SFL 382: 3.0
- SFL 387 or SFL 487: 3.0
- IP&T 371: 1.0
- Religion elective: 2.0
- Advanced Written and Oral communication GE***: 3.0

Total Hours: 15.0

#### JUNIOR YEAR

1st Semester:
- SC ED 375: 3.0
- SFL 280 (Fall or Spring): 3.0
- SFL 221: 1.0
- SFL 222: 3.0
- SFL 261: 3.0
- Religion Cornerstone course: 2.0

Total Hours: 15.0

5th Semester:
- SFL 221: 3.0
- SFL 222: 3.0
- SFL 261: 3.0
- Religion Cornerstone course: 2.0

Total Hours: 15.0

6th Semester:
- IP&T 372: 1.0
- SFL 202: 3.0
- NDFS 175 (Winter Only): 3.0
- NDFS 251 (Winter Only): 1.0
- SFL 340: 2.0
- General Education course: 3.0
- Religion Elective: 2.0

Total Hours: 15.0

7th Semester:
- CPSE 402: 2.0
- IP&T 373: 1.0
- Religion elective: 2.0
- General Education course: 3.0

Total Hours: 15.0

8th Semester:
- SFL 476R or SFL 496R**: 12.0

Total Hours: 15.0

**SFL 276R must be taken prior to enrollment in SFL 377. Fingerprinting and FBI clearance must be completed before registration in SFL 276R and SFL 377. Students must apply to enroll in SFL 276R - see your academic advisor for information about the application process.

**Religion Cornerstone course: 2.0

**General Education course: 3.0

**Religion elective: 2.0

**Advanced Written and Oral communication GE: 3.0

**Total Hours: 15.0

#### SENIOR YEAR

4th Semester:
- SFL 260 (GE Social Science): 3.0
- SFL 382: 3.0
- SFL 387 or SFL 487: 3.0
- IP&T 371: 1.0
- Religion elective: 2.0
- General Education course: 3.0
- Religion Cornerstone course: 2.0
- General Education course: 3.0

Total Hours: 15.0

6th Semester:
- SFL 476R or SFL 496R**: 12.0

Total Hours: 15.0

Note: All coursework must be completed prior to SFL 476R or SFL 496R.

**SFL 276R must be approved through Secondary Education Field Services.

**Note: FCS Ed students are encouraged to take SFL 315 to fulfill the Advanced Written and Oral Communications GE. All SFL majors are encouraged to take SFL 200 to fulfill their The Eternal Family Religion Cornerstone requirement.

**Note: Students are encouraged to complete an average of 15–17 credit hours each semester or 32–34 credit hours each year.
REQUIREMENT 1
Complete 1 course

COMPLETE THE FOLLOWING HUMAN DEVELOPMENT COURSE:
*SFL 210 - Human Development 3.0

REQUIREMENT 2 Complete 2 options

COMPLETE THE FOLLOWING MARRIAGE, FAMILY RELATIONSHIPS, AND PARENTING COURSES:

OPTION 2.1 Complete 1 course
SFL 240 - Parenting and Child Guidance 3.0

OPTION 2.2 Complete 1 course
SFL 160 - Introduction to Family Processes 3.0

SFL 223 - Preparation for Marriage 3.0

REQUIREMENT 3 Complete 2 courses

COMPLETE THE FOLLOWING EARLY CHILDHOOD LEARNING EXPERIENCES PRACTICE WITH LAB:
SFL 221 - Foundations of Developmentally Appropriate Practices in Progr 1.0
SFL 222 - Practicum in Developmentally Appropriate Practices 3.0

REQUIREMENT 4 Complete 2 courses

COMPLETE THE FOLLOWING CONSUMER AND THE MARKET, FAMILY FINANCE, FAMILY RESOURCE MANAGEMENT COURSES:
*SFL 260 - Family Finance 3.0
SFL 261 - Consumerism and the Marketplace for Secondary Teachers 3.0

REQUIREMENT 5 Complete 1 course

COMPLETE THE FOLLOWING NUTRITION THROUGH THE LIFE CYCLE COURSE:
*NDFS 101 - Essentials of Human Nutrition 3.0

REQUIREMENT 6 Complete 2 courses

COMPLETE THE FOLLOWING FOOD PREPARATION AND MEAL MANAGEMENT COURSES:
SFL 110 - Food Preparation in the Home 2.0
SFL 340 - Family Meal Management 2.0

REQUIREMENT 7 Complete 2 courses

COMPLETE THE FOLLOWING FOOD SCIENCE WITH LAB COURSES:
NDFS 215 - Introduction to Food Science 3.0
NDFS 251 - Essentials of Food Science Laboratory 1.0

REQUIREMENT 8 Complete 1 course

COMPLETE THE FOLLOWING INTRODUCTION TO HOUSING AND INTERIOR DESIGN COURSE:
*SFL 101 - Introduction to Interiors 3.0

REQUIREMENT 9 Complete 1 course

COMPLETE THE FOLLOWING TEXTILES COURSE:
SFL 382 - Textiles 3.0

REQUIREMENT 10 Complete 1 course

COMPLETE THE FOLLOWING RESIDENTIAL TECHNOLOGY OR HOUSING:
SFL 202 - Design in the Home 3.0

REQUIREMENT 11 Complete 1 course

COMPLETE THE FOLLOWING INTERMEDIATE CLOTHING CONSTRUCTION AND ALTERATIONS COURSE:
SFL 287 - Intermediate Clothing Construction 3.0

REQUIREMENT 12 Complete 1 course

COMPLETE ONE OF THE FOLLOWING FLAT PATTERN DESIGN OR ADVANCED CLOTHING CONSTRUCTION COURSES:
SFL 387 - Advanced Clothing Studies: Patternmaking 3.0
SFL 487 - Advanced Clothing Studies: Construction 3.0

REQUIREMENT 13 Complete 1 course

COMPLETE THE FOLLOWING CLOTHING SELECTION AND PSYCHOLOGY OF CLOTHING COURSE:
SFL 280 - Dynamics of Clothing 3.0

REQUIREMENT 14 Complete 2 courses

COMPLETE THE FOLLOWING COURSES:
SFL 377 - Teaching Methods and Instruction in Family and Consumer Science 3.0
SFL 378 - Practicum in Secondary Education 1.0

REQUIREMENT 15 Complete 3 options

PROFESSIONAL EDUCATION COMPONENT:
Licensure requirements: Contact the Education Advisement Center, 350
MCKB, 801-422-3426, to schedule the final interview to clear your application for the secondary teaching license. You should be registered for your last semester at BYU prior to the scheduled appointment.

2020-2021 Program Requirements (78 Credit Hours)

At least 18 hours of major credit must be taken in residency at BYU.

For students accepted into the major after December 16, 2019, grades below C in any required coursework in a teaching major or teaching minor will not be accepted. Teacher candidates must maintain a cumulative GPA of 2.7 or higher once admitted into the program and to qualify for student teaching.

For additional details on admission and retention requirements for teaching majors and teaching minors, see Educator Preparation Program Requirements in the Undergraduate Catalog.

Students must request to be added to the pre-teaching major initially. Upon completing some basic requirements, they will be eligible to apply for the teaching major.

Students must complete SFL 276R prior to applying for the teaching major.

REQUIREMENT 1 Complete 1 course

COMPLETE THE FOLLOWING HUMAN DEVELOPMENT COURSE:
*SFL 210 - Human Development 3.0

REQUIREMENT 2 Complete 2 options

COMPLETE THE FOLLOWING MARRIAGE, FAMILY RELATIONSHIPS, AND PARENTING COURSES:

OPTION 2.1 Complete 1 course
SFL 240 - Parenting and Child Guidance 3.0

OPTION 2.2 Complete 1 course
SFL 160 - Introduction to Family Processes 3.0

SFL 223 - Preparation for Marriage 3.0

REQUIREMENT 3 Complete 2 courses

COMPLETE THE FOLLOWING EARLY CHILDHOOD LEARNING EXPERIENCES PRACTICE WITH LAB:
SFL 221 - Foundations of Developmentally Appropriate Practices in Progr 1.0
SFL 222 - Practicum in Developmentally Appropriate Practices 3.0

REQUIREMENT 4 Complete 2 courses

COMPLETE THE FOLLOWING CONSUMER AND THE MARKET, FAMILY FINANCE, FAMILY RESOURCE MANAGEMENT COURSES:
*SFL 260 - Family Finance 3.0
SFL 261 - Consumerism and the Marketplace for Secondary Teachers 3.0

REQUIREMENT 5 Complete 1 course

COMPLETE THE FOLLOWING NUTRITION THROUGH THE LIFE CYCLE COURSE:
*NDFS 101 - Essentials of Human Nutrition 3.0

REQUIREMENT 6 Complete 2 courses

COMPLETE THE FOLLOWING FOOD PREPARATION AND MEAL MANAGEMENT COURSES:
SFL 110 - Food Preparation in the Home 2.0
SFL 340 - Family Meal Management 2.0

REQUIREMENT 7 Complete 2 courses

COMPLETE THE FOLLOWING FOOD SCIENCE WITH LAB COURSES:
NDFS 215 - Introduction to Food Science 3.0
NDFS 251 - Essentials of Food Science Laboratory 1.0

REQUIREMENT 8 Complete 1 course

COMPLETE THE FOLLOWING INTRODUCTION TO HOUSING AND INTERIOR DESIGN COURSE:
*SFL 101 - Introduction to Interiors 3.0

REQUIREMENT 9 Complete 1 course

COMPLETE THE FOLLOWING TEXTILES COURSE:
SFL 382 - Textiles 3.0

REQUIREMENT 10 Complete 1 course

COMPLETE THE FOLLOWING RESIDENTIAL TECHNOLOGY OR HOUSING:
SFL 202 - Design in the Home 3.0

REQUIREMENT 11 Complete 1 course

COMPLETE THE FOLLOWING INTERMEDIATE CLOTHING CONSTRUCTION AND ALTERATIONS COURSE:
SFL 287 - Intermediate Clothing Construction 3.0

REQUIREMENT 12 Complete 1 course

COMPLETE ONE OF THE FOLLOWING FLAT PATTERN DESIGN OR ADVANCED CLOTHING CONSTRUCTION COURSES:
SFL 387 - Advanced Clothing Studies: Patternmaking 3.0
SFL 487 - Advanced Clothing Studies: Construction 3.0

REQUIREMENT 13 Complete 1 course

COMPLETE THE FOLLOWING CLOTHING SELECTION AND PSYCHOLOGY OF CLOTHING COURSE:
SFL 280 - Dynamics of Clothing 3.0

REQUIREMENT 14 Complete 2 courses

COMPLETE THE FOLLOWING COURSES:
SFL 377 - Teaching Methods and Instruction in Family and Consumer Science 3.0
SFL 378 - Practicum in Secondary Education 1.0

REQUIREMENT 15 Complete 3 options

PROFESSIONAL EDUCATION COMPONENT:
Licensure requirements: Contact the Education Advisement Center, 350
MCKB, 801-422-3426, to schedule the final interview to clear your application for the secondary teaching license. You should be registered for your last semester at BYU prior to the scheduled appointment.

OPTION 15.1 Complete 6 courses

CPSE 462 - Educating Students with Disabilities in Secondary Classrooms 2.0
IP&T 371 - Integrating K-12 Educational Technology 1.0
IP&T 372 - Integrating K-12 Educational Technology 2 1.0
IP&T 373 - Teaching in K-12 Online and Blended Learning Contexts 1.0
*SC ED 353 - Multicultural Education for Secondary Education 3.0
SC ED 375 - Adolescent Development and Classroom Management 3.0

OPTION 15.2 Complete 4.0 hours from the following course(s)

SFL 276R - Exploration of Teaching: Family and Consumer Sciences 3.0

Note: Fingerprinting and FBI clearance must be completed before registration in SFL 276R.

OPTION 15.3 Complete 12.0 hours from the following course(s)
SFL 476 - Secondary Student Teaching - Consumer Science 12.0
SFL 496R - Academic Internship: Family and Consumer Sciences Educ 12.0

You may take up to 12 credit hours.

Student teachers/interns must complete all required EPP assessments and paperwork in the Educator system.

Complete the Praxis II test.

RECOMMENDED

ADVANCED WRITTEN AND/OR ORAL COMMUNICATION: SFL 315 IS STRONGLY RECOMMENDED.
SFL 315 - Effective Writing & Presenting 3.0

THE DISCIPLINE:

Academic preparation in this interdisciplinary education program includes study in the areas of early childhood development, marriage and family relationships, parenting education, housing and interiors, clothing and textiles, and nutrition and wellness.

With the development of a knowledge base in these critical areas, graduates will be prepared to provide valuable content to secondary education students as they confront life's challenges. These students can become a resource to their own families empowering them to become healthy community contributors.

This program interfaces with the McKay School of Education and includes professional education courses.
CAREER OPPORTUNITIES:
This Family and Consumer Sciences Education program prepares students to be licensed by the Utah State Board of Education for teaching in public, private, and charter secondary education schools. This teaching license can be transferred to other states upon meeting individual state requirements. Students may also find employment in business and cooperative extension. Outside the physical classroom, family and consumer sciences education graduates can develop curriculum or educational software, and work in organizations that provide tutoring, online education, or distance learning. Graduates are well positioned to pursue advanced degrees in order to facilitate professional development at the district and state administration levels or to qualify to teach higher education.

RESEARCH OPPORTUNITIES:
Contact your professor for this information.

INTERNSHIPS:
Internships are granted by individual school principals on an "as needed" basis. They are an August to June contract and are applied for in January, the winter semester prior to the upcoming Fall school year.

Selection of interns is done through a competitive process. Participation in an internship does not guarantee employment.

CLUB:
School of Family Life Student Association (SFLSA)

FINANCING:
Many students work up to 20 hours per week. Some find employment on campus and some junior and senior students obtain teaching or research assistantships. Many of our students obtain summer jobs that make use of their training and interests.

SCHOLARSHIPS:
Scholarships specific to family and consumer sciences are available to qualifying students. For more information go to https://familylife.byu.edu/undergraduates