### University Core Requirements:

<table>
<thead>
<tr>
<th>Requirement</th>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Religion Cornerstones</td>
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<td></td>
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<tr>
<td>Teachings and Doctrine of The Book of</td>
<td></td>
<td></td>
<td>REL A 275</td>
</tr>
<tr>
<td>Mormon</td>
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<tr>
<td>Jesus Christ and the Everlasting Gospel</td>
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<td>REL A 250</td>
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<td>Foundations of the Restoration</td>
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<td>REL C 225</td>
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<td>The Eternal Family</td>
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<td>REL C 200</td>
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<td>The Individual and Society</td>
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<tr>
<td>American Heritage</td>
<td>1-2</td>
<td>3-6.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Global and Cultural Awareness</td>
<td></td>
<td></td>
<td>ANTHM 301*, SOC 113* , or POLI 472*</td>
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<tr>
<td>Skills</td>
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<tr>
<td>First Year Writing</td>
<td>1</td>
<td>3.0</td>
<td>WRTG 150* or ELANG 150*</td>
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<tr>
<td>Advanced Written and Oral Communications</td>
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<td>PSYCH 307*</td>
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<tr>
<td>Quantitative Reasoning</td>
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<td>MATH 110 recommended</td>
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<tr>
<td>Languages of Learning (Math or Language)</td>
<td>1-2</td>
<td>3-4</td>
<td>PSYCH 308*</td>
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<td>Arts, Letters, and Sciences</td>
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<tr>
<td>Civilization 1</td>
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<td>from approved list</td>
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<tr>
<td>Civilization 2</td>
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<td>from approved list</td>
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<tr>
<td>Arts</td>
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<td>from approved list</td>
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<tr>
<td>Letters</td>
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<td>from approved list</td>
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<td>Biological Science</td>
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<tr>
<td>Physical Science</td>
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<td>3-7.0</td>
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<tr>
<td>Social Science</td>
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<td>3.0</td>
<td>PSYCH 111*</td>
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<td>Core Enrichment: Electives</td>
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<tr>
<td>Religion Electives</td>
<td>3-4</td>
<td>6.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Open Electives</td>
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<td>personal choice</td>
</tr>
</tbody>
</table>

### Graduation Requirements:

- Minimum residence hours required: 30.0
- Minimum hours needed to graduate: 120.0

### Suggested Sequence of Courses

#### FRESHMAN YEAR

**1st Semester**
- PSYCH 101 (FW) 1.0
- PSYCH 111 (FWSpSu) 3.0
- BIO 100 or PHY S 100 3.0
- First-year Writing or American Heritage 3.0
- Religion Cornerstone course 2.0
- General electives 3.0
- **Total Hours**: 15.0

**2nd Semester**
- MATH 110 (prereq for PSYCH 308) 3.0
- PSYCH 210 (FWSpSu) 3.0
- First-year Writing or American Heritage 3.0
- Religion Cornerstone course 2.0
- General electives 3.0
- **Total Hours**: 15.0

#### SOPHOMORE YEAR

**3rd Semester**
- PSYCH 308 (FWSpSu) 4.0
- BIO 100 or PHY S 100 3.0
- Religion Cornerstone course 2.0
- General electives 6.0
- **Total Hours**: 15.0

**4th Semester**
- PSYCH 307 (FWSpSu) 3.0
- PSYCH multicultural issues course 3.0
- Religion elective 2.0
- General electives 1.0
- **Total Hours**: 15.0

#### JUNIOR YEAR

**5th Semester**
- PSYCH 309 (FWSpSu) 3.0
- PSYCH gender issues course 3.0
- PSYCH cluster course (2) 3.0
- Civilization 2 3.0
- Religion elective 2.0
- General electives 3.0
- **Total Hours**: 15.0

**6th Semester**
- PSYCH 410 (FW), 420-430 (FWSpSu) 3.0
- PSYCH core course (2) 3.0
- PSYCH cluster course (2) 3.0
- Religion elective 2.0
- Arts General Education 3.0
- General electives 1.0
- **Total Hours**: 15.0

**7th Semester**
- PSYCH core course (3) 3.0
- PSYCH cluster course (3) 3.0
- PSYCH elective 3.0
- Letters General Education 3.0
- General electives 3.0
- **Total Hours**: 15.0

**8th Semester**
- Your academic advisor can assist you in choosing electives to meet your total hour requirement.

### Note:

Students are encouraged to complete an average of 15 credit hours each semester or 30 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.
**REQUIREMENT 1** Complete 5 courses
- **PSYCH 111** - Introduction to Psychological Science 3.0
- **PSYCH 210** - A History of Psychology 3.0
- **PSYCH 307** - Writing Within Psychology 3.0
- **PSYCH 309** - Psychological Statistics 4.0
- **PSYCH 310** - Psychological Research Design and Analysis 3.0  

Note: All students are encouraged to take Psych 101: Orientation to the Psychology Major. Students considering application to graduate study are strongly encouraged to take Psych 200.

**REQUIREMENT 2** Complete 1 course

**MULTICULTURAL ISSUES COURSES:**
- **ANTH 201** - Social/Cultural Anthropology 3.0
- **PSYCH 305** - Multicultural Psychology 3.0
- **SFL 354** - Cross-Cultural Family and Human Development 3.0
- **SOC 113** - Multicultural America 3.0  

**REQUIREMENT 3** Complete 1 course

**GENDER ISSUES COURSES:**
- **GWS 222** - (WS-Soc) Introduction to Global Women's Studies 3.0
- **POLI 472** - International Political Economy of Women 3.0
- **PSYCH 306** - Psychology of Gender 3.0
- **SOC 367** - Sociology of Gender 3.0

**REQUIREMENT 4** Complete 1 course

**PSYCH 320** - Developmental Psychology: Childhood 3.0
**PSYCH 321** - Developmental Psychology: Adolescence 3.0
**PSYCH 322** - Developmental Psychology: Adulthood 3.0

**REQUIREMENT 5** Complete 1 course

**PSYCH 342** - Abnormal Psychology 3.0

**REQUIREMENT 6** Complete 3 courses

**PSYCH 350** - (Psych Soc) Introduction to Social Psychology 3.0
**PSYCH 375** - Cognition 3.0
**PSYCH 381** - Behavioral Neurobiology 3.0

**REQUIREMENT 7** Complete 6.0 hours from the following course(s)

**COMPLETE 6 CREDIT HOURS OF ELECTIVE COURSES NOT COMPLETED ABOVE.**

### BS in Psychology (735420)

**2020-2021 Program Requirements (49 Credit Hours)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYCH 305</td>
<td>Multicultural Psychology</td>
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<tr>
<td>PSYCH 306</td>
<td>Psychology of Gender</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 311</td>
<td>Critical Issues in Psychology</td>
<td>3.0</td>
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<tr>
<td>PSYCH 321</td>
<td>Developmental Psychology: Adolescence</td>
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<tr>
<td>PSYCH 322</td>
<td>Developmental Psychology: Adulthood</td>
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<tr>
<td>PSYCH 330</td>
<td>Organizational Psychology</td>
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<tr>
<td>PSYCH 338</td>
<td>Sport Psychology</td>
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<tr>
<td>PSYCH 341</td>
<td>Personality</td>
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<tr>
<td>PSYCH 343</td>
<td>Child Psychopathology</td>
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<td>PSYCH 345</td>
<td>Basic Mediation</td>
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<td>PSYCH 348</td>
<td>Clinical Psychology</td>
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<td>PSYCH 349</td>
<td>Introduction to Positive Psychology</td>
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<tr>
<td>PSYCH 352</td>
<td>Applied Social Psychology</td>
<td>3.0</td>
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<tr>
<td>PSYCH 353</td>
<td>Latter-day圣 Perspectives and Psychology</td>
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<tr>
<td>PSYCH 354</td>
<td>Psychology of Religion</td>
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<tr>
<td>PSYCH 356</td>
<td>Introduction to Health Psychology</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 358</td>
<td>Leadership Development</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 361</td>
<td>Principles of Learning</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 365</td>
<td>Motivation</td>
<td>3.0</td>
</tr>
<tr>
<td>PSYCH 370</td>
<td>Sensation and Perception</td>
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<tr>
<td>PSYCH 377</td>
<td>The Cognitive Neuroscience of Memory</td>
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<tr>
<td>PSYCH 382</td>
<td>Stress Psychology</td>
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<tr>
<td>PSYCH 387</td>
<td>Introduction to Primate Behavior</td>
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<td>PSYCH 388</td>
<td>Drugs, Reward and Addiction</td>
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<tr>
<td>SOC W 300</td>
<td>Introduction to Social Work</td>
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<td>SOC W 311</td>
<td>Social Welfare Policy</td>
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<tr>
<td>SOC W 360</td>
<td>Social Work Practice with Individuals</td>
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</tbody>
</table>

**REQUIREMENT 8** Complete 1 course

**PSYCH 310** IS A PREREQUISITE FOR PSYCH 309 AND PSYCH 312R.

**PSYCH 309** - Psychometrics 3.0
**PSYCH 312R** - Advanced Methods 3.0

**REQUIREMENT 9** Complete 3.0 hours from the following option(s)

**CAPSTONE SEMINARS.**

**OPTION 9.1** Complete 3.0 hours from the following course(s)
- **PSYCH 410R** - Senior Practicum: Teaching of Psychology 3.0
  You may take up to 3 credit hours.
- **PSYCH 420R** - Senior Practicum: Community Projects 3.0
  You may take up to 3 credit hours.
- **PSYCH 430R** - Senior Practicum: Research in Psychology 3.0
  You may take up to 3 credit hours.
- **PSYCH 496R** - Academic Internship, Capstone 3.0
  You may take up to 3 credit hours.

To enroll in capstone seminars, students must have completed Requirements 1 through 6, and Requirement 8. Students must also have senior status at BYU.

### THE DISCIPLINE:

The Department of Psychology offers a program designed to (1) increase the understanding of human behavior, (2) develop skills for applying such understanding, and (3) expand the frontiers of knowledge through student-faculty research and other scholarly activity.

### RESEARCH OPPORTUNITIES:

Contact the Psychology Department for this information.

### HONORARY SOCIETIES AND CLUBS:

BYU sponsors a chapter of Psi Chi the National Honors Society in psychology and Psychology Association.

### INTERNSHIPS:

Academic internships are available and encouraged. Academic credit is arranged through Psych 399R and Psych 496R.

### MINORS:

A minor is not required, but students may select a minor or a combination of courses in other departments depending on their educational and professional objectives. The same courses cannot count for both the psychology major and a minor in another department. For students who will go no farther than a bachelor’s degree, it is recommended that they broaden their employment opportunities by taking courses in areas of their professional interests.

### CAREERS:

Psychologists engage in a variety of academic roles including teaching, research, and administration. They also provide counseling, clinical, and consulting services to individuals and organizations. They are employed in colleges and in universities; public and private schools; clinics, hospitals, and private practice; business and industry; and government and private agencies. The study of psychology has particular value for family life and other cultural and civic responsibilities. It also complements other specializations concerned with human behavior, including the practice of law.
Most professional positions in psychology require advanced degrees, generally the doctorate, though the bachelor's degree may provide employment in such areas as high school teaching, mental health care, detention and probation services, auxiliary social work, and personnel and human resources. The psychology major is a popular preliminary to graduate study in the professions of business, law, and medicine.

For more information on careers in your major, please contact the University Career Center or the Academic Advisement Center.

**MAP DISCLAIMER**

While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

**DEPARTMENT INFORMATION**

Psychology Department
Brigham Young University
1001 Spencer W. Kimball Tower
Provo, UT 84602
Telephone: 801-422-4287

**ADVICEMENT CENTER INFORMATION**

Liberal Arts Advisement and Careers
Brigham Young University
1041 JFSB
Provo, UT 84602
Telephone: 801-422-3541