### University Core and Graduation Requirements

#### University Core Requirements:

<table>
<thead>
<tr>
<th>Requirements</th>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Religion Cornerstones</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Teachings and Doctrine of The Book of Mormon</td>
<td>1</td>
<td>2.0</td>
<td>REL A 275</td>
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<tr>
<td>Jesus Christ and the Everlasting Gospel</td>
<td>1</td>
<td>2.0</td>
<td>REL A 250</td>
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<tr>
<td>Foundations of the Restoration</td>
<td>1</td>
<td>2.0</td>
<td>REL C 225</td>
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<tr>
<td>The Eternal Family</td>
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<td>2.0</td>
<td>REL C 200</td>
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<tr>
<td><strong>The Individual and Society</strong></td>
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<tr>
<td>American Heritage</td>
<td>1-2</td>
<td>3-6.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Global and Cultural Awareness</td>
<td>1</td>
<td>3.0</td>
<td>ANTHR 301*, SOC 113*, or POLI 472*</td>
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<tr>
<td><strong>Skills</strong></td>
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<tr>
<td>First Year Writing</td>
<td>1</td>
<td>3.0</td>
<td>WRTG 150* or ELANG 150*</td>
</tr>
<tr>
<td>Advanced Written and Oral Communications</td>
<td>1</td>
<td>3.0</td>
<td>PSYCH 307*</td>
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<tr>
<td>Quantitative Reasoning</td>
<td>1</td>
<td>3.0</td>
<td>MATH 110 recommended</td>
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<tr>
<td>Languages of Learning (Math or Language)</td>
<td>1</td>
<td>4.0</td>
<td>PSYCH 308*</td>
</tr>
<tr>
<td><strong>Arts, Letters, and Sciences</strong></td>
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<tr>
<td>Civilization 1</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Civilization 2</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
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<tr>
<td>Arts</td>
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<td>from approved list</td>
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<tr>
<td>Letters</td>
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<td>from approved list</td>
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<tr>
<td>Biological Science</td>
<td>1-2</td>
<td>3-4.0</td>
<td>from approved list</td>
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<tr>
<td>Physical Science</td>
<td>1-2</td>
<td>3-7.0</td>
<td>from approved list</td>
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<tr>
<td>Social Science</td>
<td>1</td>
<td>3.0</td>
<td>PSYCH 111*</td>
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<tr>
<td><strong>Core Enrichment: Electives</strong></td>
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<tr>
<td>Religion Electives</td>
<td>3-4</td>
<td>6.0</td>
<td>from approved list</td>
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<tr>
<td>Open Electives</td>
<td>Variable</td>
<td>Variable</td>
<td>personal choice</td>
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<tr>
<td><strong>Graduation Requirements:</strong></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Minimum residence hours required</td>
<td></td>
<td>30.0</td>
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<tr>
<td>Minimum hours needed to graduate</td>
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<td>120.0</td>
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#### Suggested Sequence of Courses

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<thead>
<tr>
<th>Semester</th>
<th>1st Semester</th>
<th>2nd Semester</th>
<th>3rd Semester</th>
<th>4th Semester</th>
<th>5th Semester</th>
<th>6th Semester</th>
<th>7th Semester</th>
<th>8th Semester</th>
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<tbody>
<tr>
<td>Total Hours</td>
<td>15.0</td>
<td>15.0</td>
<td>15.0</td>
<td>15.0</td>
<td>15.0</td>
<td>15.0</td>
<td>15.0</td>
<td>15.0</td>
</tr>
</tbody>
</table>

**Note:** Students are encouraged to complete an average of 15 credit hours each semester or 30 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.
At least 36 of the total major credits must be 300-level or above. (Students can enroll in 500-level courses on a space-available basis.) The Psychology Department requires a minimum of 23 hours of psychology major credit to be taken in residence at BYU for this degree program. These hours may also go toward BYU’s 30-hour residency requirement for graduation. A maximum of 15 hours may be taken as Independent Study (only 8 of which may count as departmental residence hours).

REQUIREMENT 1 Complete 3 courses
- PSYCH 101 - Orientation to the Psychology Major. Students considering application to graduate study are strongly encouraged to take Psych 200.
- REQUIREMENT 2 Complete 1 course
  - PSYCH 301 - Multicultural Psychology
  - PSYCH 305 - Multicultural Psychology
  - PSYCH 306 - Psychology of Gender
  - PSYCH 311 - Critical Issues in Psychology
  - PSYCH 321 - Developmental Psychology: Adolescence
  - PSYCH 322 - Developmental Psychology: Adulthood
  - PSYCH 330 - Organizational Psychology
  - PSYCH 338 - Sport Psychology
  - PSYCH 341 - Personality
  - PSYCH 343 - Child Psychopathology
  - PSYCH 345 - Basic Mediation
  - PSYCH 347 - Clinical Psychology
  - PSYCH 349 - Introduction to Positive Psychology
  - PSYCH 352 - Applied Social Psychology
  - PSYCH 353 - Latter-day Saint Perspectives and Psychology
  - PSYCH 354 - Psychology of Religion
  - PSYCH 356 - Introduction to Health Psychology
  - PSYCH 358 - Leadership Development
  - PSYCH 361 - Principles of Learning
  - PSYCH 365 - Motivation
  - PSYCH 370 - Sensation and Perception
  - PSYCH 377 - The Cognitive Neuroscience of Memory
  - PSYCH 382 - Stress Psychology
  - PSYCH 387 - Introduction to Primate Behavior
  - PSYCH 388 - Drugs, Reward and Addiction
  - SOC W 200 - Introduction to Social Work
  - SOC W 311 - Social Welfare Policy
  - SOC W 360 - Social Work Practice with Individuals
- REQUIREMENT 3 Complete 1 course
- REQUIREMENT 4 Complete 3 courses
- REQUIREMENT 5 Complete 3 courses
- REQUIREMENT 6 Complete 3 courses
- REQUIREMENT 7 Complete 6.0 hours from the following courses
  - PSYCH 305 - Multicultural Psychology 3.0
  - PSYCH 306 - Psychology of Gender 3.0
  - PSYCH 311 - Critical Issues in Psychology 3.0
  - PSYCH 321 - Developmental Psychology: Adolescence 3.0
  - PSYCH 322 - Developmental Psychology: Adulthood 3.0
  - PSYCH 330 - Organizational Psychology 3.0
  - PSYCH 338 - Sport Psychology 3.0
  - PSYCH 341 - Personality 3.0
  - PSYCH 343 - Child Psychopathology 3.0
  - PSYCH 345 - Basic Mediation 3.0
  - PSYCH 347 - Clinical Psychology 3.0
  - PSYCH 349 - Introduction to Positive Psychology 3.0
  - PSYCH 352 - Applied Social Psychology 3.0
  - PSYCH 353 - Latter-day Saint Perspectives and Psychology 3.0
  - PSYCH 354 - Psychology of Religion 3.0
  - PSYCH 356 - Introduction to Health Psychology 3.0
  - PSYCH 358 - Leadership Development 3.0
  - PSYCH 361 - Principles of Learning 3.0
  - PSYCH 365 - Motivation 3.0
  - PSYCH 370 - Sensation and Perception 3.0
  - PSYCH 377 - The Cognitive Neuroscience of Memory 3.0
  - PSYCH 382 - Stress Psychology 3.0
  - PSYCH 387 - Introduction to Primate Behavior 3.0
  - PSYCH 388 - Drugs, Reward and Addiction 3.0
  - SOC W 200 - Introduction to Social Work 3.0
  - SOC W 311 - Social Welfare Policy 3.0
  - SOC W 360 - Social Work Practice with Individuals 3.0
- REQUIREMENT 8 Complete 1 course
- REQUIREMENT 9 Complete 3.0 hours from the following option(s)
  - PSYCH 310 - Multicultural Psychology 3.0
  - PSYCH 305 - Multicultural Psychology 3.0
  - PSYCH 306 - Psychology of Gender 3.0
  - PSYCH 311 - Critical Issues in Psychology 3.0
  - PSYCH 321 - Developmental Psychology: Adolescence 3.0
  - PSYCH 322 - Developmental Psychology: Adulthood 3.0
  - PSYCH 330 - Organizational Psychology 3.0
  - PSYCH 338 - Sport Psychology 3.0
  - PSYCH 341 - Personality 3.0
  - PSYCH 343 - Child Psychopathology 3.0
  - PSYCH 345 - Basic Mediation 3.0
  - PSYCH 347 - Clinical Psychology 3.0
  - PSYCH 349 - Introduction to Positive Psychology 3.0
  - PSYCH 352 - Applied Social Psychology 3.0
  - PSYCH 353 - Latter-day Saint Perspectives and Psychology 3.0
  - PSYCH 354 - Psychology of Religion 3.0
  - PSYCH 356 - Introduction to Health Psychology 3.0
  - PSYCH 358 - Leadership Development 3.0
  - PSYCH 361 - Principles of Learning 3.0
  - PSYCH 365 - Motivation 3.0
  - PSYCH 370 - Sensation and Perception 3.0
  - PSYCH 377 - The Cognitive Neuroscience of Memory 3.0
  - PSYCH 382 - Stress Psychology 3.0
  - PSYCH 387 - Introduction to Primate Behavior 3.0
  - PSYCH 388 - Drugs, Reward and Addiction 3.0
  - SOC W 200 - Introduction to Social Work 3.0
  - SOC W 311 - Social Welfare Policy 3.0
  - SOC W 360 - Social Work Practice with Individuals 3.0
  - PSYCH 410R - Senior Practicum: Teaching of Psychology 3.0
  - PSYCH 420R - Senior Practicum: Community Projects 3.0
  - PSYCH 430R - Senior Practicum: Research in Psychology 3.0
  - PSYCH 496R - Academic Internship, Capstone 3.0

THE DISCIPLINE:
The Department of Psychology offers a program designed to (1) increase the understanding of human behavior, (2) develop skills for applying such understanding, and (3) expand the frontiers of knowledge through student-faculty research and other scholarly activity.

RESEARCH OPPORTUNITIES:
Contact the Psychology Department for this information.

HONORARY SOCIETIES AND CLUBS:
BYU sponsors a chapter of Psi Chi the National Honors Society in psychology and Psychology Association.

INTERNSHIPS:
Academic internships are available and encouraged. Academic credit is arranged through Psych 399R and Psych 496R.

MINORS:
A minor is not required, but students may select a minor or a combination of courses in other departments depending on their educational and professional objectives. The same courses cannot count for both the psychology major and a minor in another department. For students who will go no farther than a bachelor’s degree, it is recommended that they broaden their employment opportunities by taking courses in areas of their professional interests.

CAREERS:
Psychologists engage in a variety of academic roles including teaching, research, and administration. They also provide counseling, clinical, and consulting services to individuals and organizations. They are employed in colleges and in universities; public and private schools; clinics, hospitals, and private practice; business and industry; and government and private agencies. The study of psychology has particular value for family life and other cultural and civic responsibilities. It also complements other specializations concerned with human behavior, including the practice of law.
Most professional positions in psychology require advanced degrees, generally the doctorate, though the bachelor's degree may provide employment in such areas as high school teaching, mental health care, detention and probation services, auxiliary social work, and personnel and human resources. The psychology major is a popular preliminary to graduate study in the professions of business, law, and medicine.

For more information on careers in your major, please contact the University Career Center or the Academic Advisement Center.

MAP DISCLAIMER

While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

DEPARTMENT INFORMATION

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Brigham Young University
1001 Spencer W. Kimball Tower
Provo, UT 84602
Telephone: 801-422-4287

ADVICEMENT CENTER INFORMATION

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Telephone: 801-422-3541