

# BS in Family Life: Human Development (734730) MAP Sheet

Family Home and Social Sciences, School of Family Life

For students entering the degree program during the 2017-2018 curricular year.



University Core and Graduation Requirements				Suggested Sequence of Courses				
<b>University Core Requirements:</b>								
<b>Requirements</b>	<b>#Classes</b>	<b>Hours</b>	<b>Classes</b>					
<b>Religion Cornerstones</b>				<b>FRESHMAN YEAR</b>				
Teachings and Doctrine of The Book of Mormon	1	2.0	REL A 275	<u>1st Semester</u>			<b>JUNIOR YEAR</b>	
Jesus Christ and the Everlasting Gospel	1	2.0	REL A 250	First-year Writing or American Heritage	3.0		<u>5th Semester</u>	
Foundations of the Restoration	1	2.0	REL C 225	Religion cornerstone course	2.0		SFL 101	1.0
The Eternal Family	1	2.0	REL C 200 or SFL 200	Precollege MATH (if needed)	0-3.0		SFL 160	3.0
<b>The Individual and Society</b>				General Education courses, university requirements, and/or general electives	3-9.0		SFL 210	3.0
American Heritage	1-2	3-6.0	from approved list	<b>Total Hours</b>	<b>16.0</b>		SFL 290	3.0
Global and Cultural Awareness	1	3.0	from approved list				STAT 121	3.0
<b>Skills</b>							Religion Cornerstone course	2.0
First Year Writing	1	3.0	from approved list				<b>Total Hours</b>	<b>15.0</b>
Advanced Written and Oral Communications	1	3.0	from approved list	<u>2nd Semester</u>			<u>6th Semester</u>	
Quantitative Reasoning	1	3.0	STAT 121*	A HTG 100 or 1st Year Writing	3.0		ENGL 315	3.0
Languages of Learning (Math or Language)	1	3.0	STAT 121*	Religion Cornerstone course	2.0		SFL 200	3.0
<b>Arts, Letters, and Sciences</b>				General education courses, and/or general electives	9-12.0		Religion elective	2.0
Civilization 1	1	3.0	from approved list	<b>Total Hours</b>	<b>14-17.0</b>		Human Development requirements, and/or electives	9.0
Civilization 2	1	3.0	from approved list	<b>SOPHOMORE YEAR</b>			<b>Total Hours</b>	<b>17.0</b>
Arts	1	3.0	from approved list	<u>3rd Semester</u>			<b>SENIOR YEAR</b>	
Letters	1	3.0	from approved list	Religion Cornerstone course	2.0		<u>7th Semester</u>	
Biological Science	1	3-4.0	from approved list	General Education courses, university requirements, and/or general electives	12-15.0		Human Development requirements, and/or electives	12.0
Physical Science	1	3.0	from approved list	<b>Total Hours</b>	<b>14-17.0</b>		Religion elective	2.0
Social Science	1	3.0	SFL 160* or 210*	<u>4th Semester</u>			General electives	3.0
<b>Core Enrichment: Electives</b>				Religion elective	2.0		<b>Total Hours</b>	<b>17.0</b>
Religion Electives	3-4	6.0	from approved list	General Education courses, and/or general electives	12-15.0		<u>8th Semester</u>	
Open Electives	Variable	Variable	personal choice	<b>Total Hours</b>	<b>14-17.0</b>		Human Development requirements and/or electives	6.0
FOR UNIVERSITY CORE AND PROGRAM QUESTIONS, CONTACT THE ADVISEMENT CENTER.							Religion elective	2.0
*THESE CLASSES FILL BOTH UNIVERSITY CORE AND PROGRAM REQUIREMENTS (6 hours overlap)							General Electives	3-6.0
<b>Graduation Requirements:</b>							Human Development capstone: SFL 490 or Internship	3.0
Minimum residence hours required		30.0					<b>Total Hours</b>	<b>14-17.0</b>
Minimum hours needed to graduate		120.0						

Note: All SFL majors are encouraged to take SFL 200 to fulfill their The Eternal Family Religion Cornerstone requirement.

Note: Students are encouraged to complete an average of 15 credit hours each semester or 30 credit hours each year, which could include spring and/or summer terms. Taking fewer credits substantially increases the cost and the number of semesters to graduate.

## BS in Family Life: Human Development (734730) 2017-2018 Program Requirements (46 Credit Hours)

*The School of Family Life requires a minimum of 18 hours of upper-division major course work to be taken in residency at BYU for this degree program. (This requirement includes taking at least 12 hours minimum of the human development core in residency at BYU.) These hours may also go toward BYU's 30-hour residency requirement for graduation.*

**REQUIREMENT 1** Complete 1 option

**COMPLETE ONE OF THE FOLLOWING TRACKS:**

**OPTION 1.1** Complete 4 groups

**HUMAN DEVELOPMENT TRACK**

**GROUP 1.1.1** Complete 11 courses

SFL 101 - Introduction to School of Family Life	1.0
SFL 160 - Introduction to Family Processes	3.0
SFL 200 - The Eternal Family	3.0
SFL 210 - Human Development	3.0
SFL 290 - Critical Inquiry and Research Methods	3.0
SFL 331 - Infant Development in the Family	3.0
SOC 318 - (Soc-SFL 333) Adolescent Development in the Family and	3.0
SFL 334 - Adult Development and Aging in the Family	3.0
SFL 351 - Social Development	3.0
SFL 354 - Cross-Cultural Family and Human Development	3.0
*STAT 121 - Principles of Statistics	3.0

**GROUP 1.1.2** Complete 9.0 hours from the following course(s)

**NOTE: COURSES TAKEN BEYOND THE REQUIRED 9 CREDIT HOURS MAY COUNT TOWARDS THE 3 CREDIT HOUR ELECTIVE REQUIREMENT BELOW.**

SFL 240 - Parenting and Child Guidance	3.0
SFL 352 - Cognitive Development	3.0
SFL 355 - Language Development	3.0
SFL 358 - Media, Family, and Human Development	3.0
SFL 359 - Child Life in Healthcare Settings	3.0
SFL 449 - Biological Foundations of Human Development	3.0
SFL 453 - Moral Development	3.0

**GROUP 1.1.3** Complete 1 selection

**SELECTION 1.1.3.1** Complete 3.0 hours from the following course(s)

SFL 399R - Academic Internship	9.0v
SFL 403R - Research/Creative Works Practicum	3.0v
SFL 490 - Advanced Issues in Human Development	3.0

**Note 1: If SFL 490 is not used to fulfill the capstone requirement, it may be used to fulfill three credit hours of the nine credit hour requirement above.**

**Note 2: For SFL 399R and 403R, human development-related experiences are preferred. Only three credit hours of 399R or 403R may count toward the degree requirements. Additional credits may, however, count towards the overall 120 credit hour graduation requirement.**

**GROUP 1.1.4** Complete 3.0 hours from the following course(s)  
**ANY COURSE YOU COMPLETE IN SFL MAY ONLY BE COUNTED ONCE. IF YOU HAVE ANY CONFUSION ABOUT WHETHER OR NOT YOU HAVE FULFILLED YOUR SFL MAJOR REQUIREMENTS, IT IS YOUR RESPONSIBILITY TO GO TO THE ADVISEMENT CENTER.**

SFL 102 - Introduction to Interiors	3.0
SFL 110 - Food Preparation in the Home	2.0
SFL 185R - Beginning Clothing Construction	3.0
SFL 200 - The Eternal Family	3.0
SFL 202 - Design in the Home	3.0
SFL 215 - Advanced Food Preparation	3.0
SFL 221 - Foundations of Developmentally Appropriate Practices in	1.0
SFL 222 - Practicum in Developmentally Appropriate Practices	3.0
SFL 223 - Preparation for Marriage	3.0
SFL 224 - Marriage Enhancement	3.0
SFL 230 - Housing the Family	3.0
SFL 240 - Parenting and Child Guidance	3.0
SFL 260 - Family Finance	3.0
SFL 261 - Consumerism and the Marketplace for Secondary Teache	3.0
SFL 276R - Exploration of Teaching: Family and Consumer Science	4.0v
SFL 280 - Dynamics of Clothing	2.0
SFL 287 - Intermediate Clothing Construction	3.0
SFL 325 - Forming Marital Relationships	3.0
SFL 328 - History of Interior Design and Architecture 1	3.0
SFL 329 - History of Interior Design and Architecture 2	3.0
SFL 330 - Preprofessional Preparation for Marriage and Family Ther	1.0
SFL 335 - Family Adaptation and Resiliency	3.0
SFL 336 - Theories in Family Perspective	3.0
SFL 340 - Family Meal Management	2.0
SFL 345 - Family Life in World Religions	3.0
SFL 352 - Cognitive Development	3.0
SFL 355 - Language Development	3.0
SFL 358 - Media, Family, and Human Development	3.0
SFL 359 - Child Life in Healthcare Settings	3.0
SFL 360 - Advanced Family Finance	3.0
SFL 370 - Work, Family, and Community: Exploring Interconnection	3.0
SFL 376 - Healthy Sexuality in Marriage	3.0
SFL 377 - Teaching Methods and Instruction in Family and Consum	3.0
SFL 378 - Practicum in Secondary Education	1.0
SFL 380 - History of Apparel	3.0
SFL 382 - Textiles	3.0
SFL 387 - Advanced Clothing Studies: Patternmaking	3.0

SFL 393R - Special Projects in Advanced Clothing Construction	3.0v
SFL 395R - Special Topics in Family Life	3.0v
SFL 399R - Academic Internship	9.0v
SFL 400 - Addiction, Recovery, Healing in Marriage and Families	3.0
SFL 401 - Helping Relationships	3.0
SFL 403R - Research/Creative Works Practicum	3.0v
SFL 420 - Administering Programs for Young Children	2.0
SFL 449 - Biological Foundations of Human Development	3.0
SFL 453 - Moral Development	3.0
SFL 460 - Advanced Family Processes	3.0
SFL 461 - The Family and the Law	3.0
SFL 465 - Marital and Family Therapy/Enrichment Techniques	3.0
SFL 471 - Philosophies of Family Work and Relationships	3.0
SFL 472 - Temporal Welfare in Families	3.0
SFL 476 - Secondary Student Teaching - Consumer Science	12.0
SFL 487 - Advanced Clothing Studies: Construction	3.0
SFL 488R - Women's Home-Based Entrepreneurs	1.0
SFL 489 - The Family and Public Policy	3.0
SFL 490 - Advanced Issues in Human Development	3.0
SFL 498 - Family Life Education: Integrating Theory, Research, and	3.0

**OPTION 1.2** Complete 4 groups

**BIOLOGICAL FOUNDATIONS IN HUMAN DEVELOPMENT TRACK**

**GROUP 1.2.1** Complete 5 courses

SFL 101 - Introduction to School of Family Life	1.0
SFL 160 - Introduction to Family Processes	3.0
SFL 210 - Human Development	3.0
SFL 290 - Critical Inquiry and Research Methods	3.0
*STAT 121 - Principles of Statistics	3.0

**GROUP 1.2.2** Complete 4 courses

SFL 331 - Infant Development in the Family	3.0
SFL 351 - Social Development	3.0
SFL 352 - Cognitive Development	3.0
SFL 449 - Biological Foundations of Human Development	3.0
SFL 490 - Advanced Issues in Human Development	3.0

**GROUP 1.2.3** Complete 15.0 hours from the following course(s)

CHEM 105 - General College Chemistry 1 with Lab (Integrated)	4.0
CHEM 106 - General College Chemistry 2	3.0
CHEM 107 - General College Chemistry Laboratory	1.0
MMBIO 240 - Molecular Biology	3.0
MMBIO 241 - Molecular and Cellular Biology Laboratory	1.0
NURS 102 - Nursing and Medical Terminology	2.0
NURS 333 - (Nurs-Soc) End-of-Life Care	3.0

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### 2017-2018 Program Requirements Cont...

<p>PDBIO 120 - Science of Biology 3.0</p> <p>PDBIO 220 - Human Anatomy (with lab) 3.0</p> <p>SFL 333 - (SFL-Soc 318) Adolescent Development in the Family and 3.0</p> <p>SFL 334 - Adult Development and Aging in the Family 3.0</p> <p>SFL 335 - Family Adaptation and Resiliency 3.0</p> <p>SFL 352 - Cognitive Development 3.0</p> <p>SFL 354 - Cross-Cultural Family and Human Development 3.0</p> <p>SFL 355 - Language Development 3.0</p> <p>SFL 359 - Child Life in Healthcare Settings 3.0</p> <p><b>GROUP 1.2.4</b> Complete 6.0 hours from the following selection(s)  <b>ANY COURSE YOU COMPLETE IN SFL MAY ONLY BE COUNTED ONCE. IF YOU HAVE ANY CONFUSION ABOUT WHETHER OR NOT YOU HAVE FULFILLED YOUR SFL MAJOR REQUIREMENTS, IT IS YOUR RESPONSIBILITY TO GO TO THE ADVISEMENT CENTER.</b></p> <p><b>SELECTION 1.2.4.1</b> Complete up to 6.0 hours from the following course(s)</p> <p>SFL 100 - Strengthening Marriage and Family: Proclamation Prir 3.0</p> <p>SFL 102 - Introduction to Interiors 3.0</p> <p>SFL 110 - Food Preparation in the Home 2.0</p> <p>SFL 185R - Beginning Clothing Construction 3.0</p> <p>SFL 200 - The Eternal Family 3.0</p> <p>SFL 202 - Design in the Home 3.0</p> <p>SFL 215 - Advanced Food Preparation 3.0</p> <p>SFL 221 - Foundations of Developmentally Appropriate Practice: 1.0</p> <p>SFL 222 - Practicum in Developmentally Appropriate Practices 3.0</p> <p>SFL 223 - Preparation for Marriage 3.0</p> <p>SFL 224 - Marriage Enhancement 3.0</p> <p>SFL 230 - Housing the Family 3.0</p> <p>SFL 240 - Parenting and Child Guidance 3.0</p> <p>SFL 260 - Family Finance 3.0</p> <p>SFL 261 - Consumerism and the Marketplace for Secondary Teac 3.0</p> <p>SFL 276R - Exploration of Teaching: Family and Consumer Scie 4.0v</p> <p>SFL 280 - Dynamics of Clothing 2.0</p> <p>SFL 287 - Intermediate Clothing Construction 3.0</p> <p>SFL 325 - Forming Marital Relationships 3.0</p> <p>SFL 328 - History of Interior Design and Architecture 1 3.0</p> <p>SFL 329 - History of Interior Design and Architecture 2 3.0</p> <p>SFL 330 - Preprofessional Preparation for Marriage and Family T 1.0</p> <p>SFL 333 - (SFL-Soc 318) Adolescent Development in the Family a 3.0</p> <p>SFL 334 - Adult Development and Aging in the Family 3.0</p> <p>SFL 335 - Family Adaptation and Resiliency 3.0</p> <p>SFL 336 - Theories in Family Perspective 3.0</p> <p>SFL 340 - Family Meal Management 2.0</p>	<p>SFL 345 - Family Life in World Religions 3.0</p> <p>SFL 352 - Cognitive Development 3.0</p> <p>SFL 354 - Cross-Cultural Family and Human Development 3.0</p> <p>SFL 355 - Language Development 3.0</p> <p>SFL 358 - Media, Family, and Human Development 3.0</p> <p>SFL 359 - Child Life in Healthcare Settings 3.0</p> <p>SFL 360 - Advanced Family Finance 3.0</p> <p>SFL 370 - Work, Family, and Community: Exploring Interconnect 3.0</p> <p>SFL 376 - Healthy Sexuality in Marriage 3.0</p> <p>SFL 377 - Teaching Methods and Instruction in Family and Consi 3.0</p> <p>SFL 378 - Practicum in Secondary Education 1.0</p> <p>SFL 380 - History of Apparel 3.0</p> <p>SFL 382 - Textiles 3.0</p> <p>SFL 387 - Advanced Clothing Studies: Patternmaking 3.0</p> <p>SFL 393R - Special Projects in Advanced Clothing Construction 3.0v</p> <p>SFL 395R - Special Topics in Family Life 3.0v</p> <p>SFL 399R - Academic Internship 9.0v</p> <p>SFL 400 - Addiction, Recovery, Healing in Marriage and Families 3.0</p> <p>SFL 401 - Helping Relationships 3.0</p> <p>SFL 403R - Research/Creative Works Practicum 3.0v</p> <p>SFL 420 - Administering Programs for Young Children 2.0</p> <p>SFL 453 - Moral Development 3.0</p> <p>SFL 460 - Advanced Family Processes 3.0</p> <p>SFL 461 - The Family and the Law 3.0</p> <p>SFL 465 - Marital and Family Therapy/Enrichment Techniques 3.0</p> <p>SFL 471 - Philosophies of Family Work and Relationships 3.0</p> <p>SFL 472 - Temporal Welfare in Families 3.0</p> <p>SFL 476 - Secondary Student Teaching - Consumer Science 12.0</p> <p>SFL 487 - Advanced Clothing Studies: Construction 3.0</p> <p>SFL 488R - Women's Home-Based Entrepreneurs 1.0</p> <p>SFL 489 - The Family and Public Policy 3.0</p> <p>SFL 498 - Family Life Education: Integrating Theory, Research, a 3.0</p> <p><b>SELECTION 1.2.4.2</b> Complete up to 6.0 hours from the following course(s)</p> <p>CHEM 105 - General College Chemistry 1 with Lab (Integrated) 4.0</p> <p>CHEM 106 - General College Chemistry 2 3.0</p> <p>CHEM 107 - General College Chemistry Laboratory 1.0</p> <p>MMBIO 240 - Molecular Biology 3.0</p> <p>MMBIO 241 - Molecular and Cellular Biology Laboratory 1.0</p> <p>NURS 102 - Nursing and Medical Terminology 2.0</p> <p>NURS 333 - (Nurs-Soc) End-of-Life Care 3.0</p> <p>PDBIO 120 - Science of Biology 3.0</p>	<p><b>THE DISCIPLINE:</b></p> <p>The human development emphasis centers on theories, research, and practices related to optimal human development within the context of family life. Human development scholarship provides a life-span perspective for understanding human development within the family by helping students learn how children, youth, and adults develop, change, and face challenges throughout the life course (infancy, childhood, adolescence, and adulthood).</p> <p>Our teaching strategy reflects a strong commitment to better critical thinking and problem solving skills as students become involved in mentored learning research, internships, and outreach experiences.</p> <p><b>CAREERS:</b></p> <p>The program in human development is a broad, liberal arts training designed to assist students as they seek professional activity (as volunteers or for pay) in settings where knowledge of human development and behavior is valued. An emphasis in human development prepares graduates to make significant contributions locally (e.g., one's own family, church, and local community) and professionally (e.g., working in the community services profession, volunteer or paid professionals for worldwide human service-based organizations).</p> <p>Some graduates with a human development emphasis are employed in community action centers, childcare centers, residential treatment centers, programs for the elderly, juvenile correction programs, and youth programs. Still other students prepare for volunteer- based community intervention (e.g., Habitat for Humanity, Red Cross, and The Muscular Dystrophy Association).</p> <p><b>NOTE:</b></p> <p>Students seeking careers in health professional areas other than Child Life Specialists should obtain guidance from the University Pre-Professional Office (3328 WSC).</p> <p>Additionally, a human development emphasis is an excellent undergraduate preparation for those pursuing graduate school in human development research.</p> <p>Others seek professional certification by obtaining advanced degrees in school counseling, special education, clinical gerontology, and clinical psychology.</p>
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## BS in Family Life: Human Development (734730)

2017-2018

For students who are interested in teaching opportunities in public schools, a major in early childhood education is available through the Teacher Education Department in the McKay School of Education. This certification qualifies individuals to teach kindergarten through third grade in public and private schools. The human development emphasis provides foundation courses for those preparing to enter early childhood education (see Teacher Education Department for a list of these courses).

In addition, an early childhood focus within the human development emphasis prepares students for vocations that do not require teacher certifications (e.g., Head Start).

For more information on careers in your major, please contact the University Career Center or the College of Family, Home, and Social Sciences Academic Advisement Center.

### RESEARCH OPPORTUNITIES:

Contact your professor for this information.

### INTERNSHIPS:

Contact the Family and Social Services Internship Office in 945 SWKT.

### CLUBS:

School of Family Life Student Association (SFLSA)

### MAP DISCLAIMER

While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

### DEPARTMENT INFORMATION

#### School of Family Life

Brigham Young University  
2086 JFSB  
Provo, UT 84602  
Telephone: (801) 422-2069

### ADVISEMENT CENTER INFORMATION

#### Liberal Arts Advisement and Careers

Brigham Young University  
1041 JFSB  
Provo, UT 84602  
Telephone: (801) 422-3541