The Individual and Society

<table>
<thead>
<tr>
<th>Requirements</th>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Heritage</td>
<td>1-2</td>
<td>3.0-6.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Global and Cultural Awareness</td>
<td>1</td>
<td>3.0</td>
<td>SOC 113* or ANTHR 101*</td>
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</table>

**Skills**

<table>
<thead>
<tr>
<th>Requirements</th>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Year Writing</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Advanced Written and Oral Communications</td>
<td>1</td>
<td>3.0</td>
<td>WRTG 316</td>
</tr>
<tr>
<td>Quantitative Reasoning</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Languages of Learning (Math or Language)</td>
<td>1</td>
<td>3.0</td>
<td>STAT 121**</td>
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</table>

**Arts, Letters, and Sciences**

<table>
<thead>
<tr>
<th>Requirements</th>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Civilization 1</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Civilization 2</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Arts</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Letters</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Biological Science</td>
<td>1</td>
<td>3.0</td>
<td>NDFS 100**</td>
</tr>
<tr>
<td>Physical Science</td>
<td>1</td>
<td>3.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Social Science</td>
<td>1</td>
<td>3.0</td>
<td>PSYCH 111* or ANTHR 101*</td>
</tr>
</tbody>
</table>

**Core Enrichment: Electives**

<table>
<thead>
<tr>
<th>Requirements</th>
<th>#Classes</th>
<th>Hours</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Religion Electives</td>
<td>3-4</td>
<td>6.0</td>
<td>from approved list</td>
</tr>
<tr>
<td>Open Electives</td>
<td>Variable</td>
<td>Variable</td>
<td>personal choice</td>
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</tbody>
</table>

FOR UNIVERSITY CORE QUESTIONS CONTACT THE ADVISEMENT CENTER — FOR PROGRAM QUESTIONS SEE YOUR FACULTY ADVISOR

*These classes fill both University Core and Program Requirements (12 hours overlap).

**Graduation Requirements:**

<table>
<thead>
<tr>
<th>Requirements</th>
<th>Hours</th>
<th>Hours needed to graduate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minimum residence hours required</td>
<td>30.0</td>
<td></td>
</tr>
<tr>
<td>Minimum hours needed to graduate</td>
<td>120.0</td>
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</table>
BS in Dietetics (284328)
2020-2021 Program Requirements (77.5 - 80.5 Credit Hours)

REQUIREMENT 1 Complete 2 options

COMPLETE THE FOLLOWING PREREQUISITE COURSES (TO BE COMPLETED BEFORE PROFESSIONAL SEQUENCE).

OPTION 1.1 Complete 11 courses
- CHEM 101 - Introductory General Chemistry 3.0
- CHEM 285 - Introductory Bio-organic Chemistry 4.0
- MMBIO 221 - General Microbiology 3.0
- MMBIO 222 - General Microbiology Laboratory 1.0
- *NDFS 100 - Essentials of Human Nutrition 3.0
- NDFS 200 - Nutrient Metabolism 3.0
- NDFS 250 - Essentials of Food Science 3.0
- NDFS 251 - Essentials of Food Science Laboratory 1.0
- NDFS 290 - Introduction to Dietetics 1.0
- PDBIO 305 - Human Physiology 4.0
- *STAT 121 - Principles of Statistics 3.0

OPTION 1.2 Complete 1 course
- PDBIO 210 - Human Anatomy (with virtual lab) 3.0
- PDBIO 220 - Human Anatomy (with lab) 4.0

Note 1: Students who have had an equivalent general chemistry course from high school or junior college may not need to take Chem 101.
Note 2: Instead of Chem 285, the Chem 105, 106, 107, 351, 352, 481 sequence is recommended for students interested in medical or dental school or graduate programs in nutrition.
Note 3: Chem 107 may be substituted for MMBio 222.

REQUIREMENT 2 DEPARTMENT ADMISSION REQUIREMENTS:

Students must apply by February 15th for admission into the professional sequence in the fall. Four of the prerequisite courses in Requirement 1 (option 1.1 and 1.2) must be completed at time of application.

Enrollment is limited to 40 students per year.

Major GPA, dietetics-related experience, and letters of recommendation will be considered.

Successful applicants typically have a major and cumulative GPA greater than 3.0 and nutrition, dietetics, and food science grades greater than B-.

Applicants need at least 150 hours of dietetics-related work and/or volunteer experience.

REQUIREMENT 3 Complete 16 courses

PROFESSIONAL SEQUENCE COURSES (AFTER BEING ADMITTED INTO THE PROGRAM):

- NDFS 300 - Medical Nutrition Therapy 1 4.0
- NDFS 356 - Medical Nutrition Therapy 2 3.0
- NDFS 374 - Food Production Management 2.0
- NDFS 375 - Food Production Management Laboratory 3.0
- NDFS 400 - Community Nutrition 3.0
- NDFS 405 - Nutrition Assessment Lab 0.5
- NDFS 424 - Nutrition Through the Life Cycle 2.0
- NDFS 434 - Nutritional Bio-organic Chemistry 4.0
- NDFS 440 - Nutrition Education and Counseling 3.0
- NDFS 445 - Foodservice Systems 3.0
- NDFS 455 - Financial Management in Dietetics 3.0
- NDFS 458 - Management in Dietetics 3.0
- NDFS 466 - Advanced Dietetics Practice 3.0
- NDFS 475 - Research Methods in Dietetics 2.0
- NDFS 490 - Professionalism in Nutrition and Dietetics 1.0
- NDFS 491 - Internship Preparation 1.0

REQUIREMENT 4 Complete 1 course
- ACC 200 - Principles of Accounting 3.0
- MKTG 201 - Marketing Management 3.0
- MSB 203 - Financial Management 3.0
- NDFS 237 - Introduction to Culinary Arts 2.0
- NDFS 310 - Nutrition and Metabolism in Sports and Exercise 3.0
- NDFS 380 - International Nutrition 3.0
- PDBIO 120 - Science of Biology 3.0
- PDBIO 365 - Pathophysiology 4.0
- STDEV 150 - Public Speaking 3.0

REQUIREMENT 5 Complete 1 course
- ANTHR 101 - Social/Cultural Anthropology 3.0
- PSYCH 111 - Introduction to Psychological Science 3.0
- SOC 113 - Multicultural America 3.0

Recommended Minors: The following minors are very complementary to a dietetics major, but any area of interest could be considered: Business, Gerontology (see School of Family Life), International Development, Spanish.

THE DISCIPLINE:

Dietetics is the science and art of applying the principles of nutrition to the diet. Following prerequisite courses, the Didactic Program in Dietetics consists primarily of dietetics course work at the junior and senior level. The Brigham Young University Didactic Program in Dietetics is currently granted accreditation status by the Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2190, Chicago, IL 60606-6995, (312) 899-0040 ext. 5400. Following graduation, students must gain acceptance into and complete an accredited dietetic internship (DI) to qualify for the national examination required for Registered Dietitian Nutritionist (RDN) status.

FINANCING:

Some employment opportunities exist in the department. Scholarships are available from the department and the college.

CAREERS:


Consultant Dietitian: Meets federal and state requirements for nursing homes. Consultant for food preparation. In-service education to staff.

Independent Practitioner-Private Dietetics practice: Conduct classes on weight control and cardiovascular disease and counsel clients.

Community/Public Health Dietitian: Assess nutritional status of clients according to needs. State and federal programs for the aged, children and pregnant women.

Administrative Dietitian: Manage time, money and human resources. Plan, organize, direct and evaluate food service systems. Administer personnel, develop policies and standards. Develop
budget guidelines.

MAP DISCLAIMER
While every reasonable effort is made to ensure accuracy, there are some student populations that could have exceptions to listed requirements. Please refer to the university catalog and your college advisement center/department for complete guidelines.

DEPARTMENT INFORMATION
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